

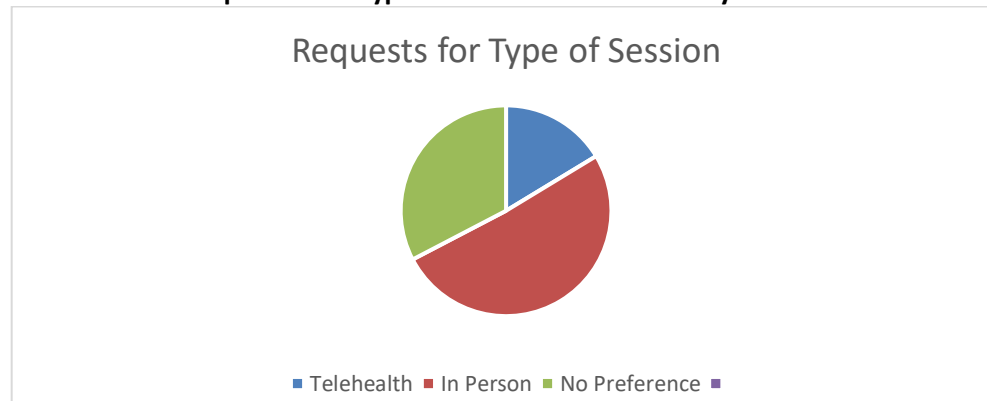
Talk It Out Flyer and Summary of Services SY2022-23

Month	Intake Sessions	Family Sessions	Individual Sessions	Total Completed Appointments	Unduplicated Clients
July	3	4	65	72	25
August	1	6	42	49	23
September	21	6	33	60	38
October	3	5	60	68	28
November	1	1	65	67	24
December	0	2	38	40	20
January	7	3	11	21	15
February	12	4	46	62	27
March	5	4	62	71	27
April	1	2	77	80	27
May	10	2	45	57	31
SY 2021-2022	64	39	544	647	285

Session Breakdown by location:

2023 Month	Catalina	Menlo	Palo Verde	Southwest	Telehealth	% Telehealth vs FRC
January	0	0	3	1	17	
February	6	1	4	2	49	
March	3	4	2	1	61	
April	4	6	9	2	59	
May	1	3	7	1	45	
Totals	14	14	25	7	231	80%

Breakdown of requests for "Type of Session" from Jan-May 2023 were:



Talk It Out

COUNSELING SERVICES
A UNIVERSITY OF ARIZONA PARTNERSHIP

Do you know a TUSD student or family in need of free mental health services?

FREE Counseling Services

for all enrolled TUSD students and their families.

SERVICES ARE OFFERED REMOTELY AND IN PERSON AT THE CATALINA, PALO VERDE, MENLO AND SOUTHWEST FAMILY RESOURCE CENTERS.

*Available to enrolled TUSD students and their families. *No income or insurance requirements.
*Services provided by University College of Education, Counseling Program, Masters in Counseling Students.

Provided by TUSD Family Resource Centers, in partnership with UArizona College of Education, Counseling Program.




TUCSON UNIFIED SCHOOL DISTRICT

Contact your school counselor or any TUSD Family Resource Center for more information.

To request Talk It Out services, go to bit.ly/3Pfa4Cr or scan here 

PRESENTAMOS
SERVICIOS DE CONSEJERÍA CON

Talk It Out

COUNSELING SERVICES
UNA ASOCIACIÓN DEL DISTRITO ESCOLAR UNIFICADO DE TUCSON CON EL COLEGIO DE EDUCACIÓN DE LA UNIVERSIDAD DE ARIZONA

¿Conoce a un estudiante o familia de TUSD que necesite servicios gratuitos de salud mental?

Servicios de Consejería GRATUITO

para cualquier estudiante de TUSD y su familia

LOS SERVICIOS SE OFRECEN DE FORMA VIRTUAL Y EN PERSONA EN LOS CENTROS DE RECURSOS FAMILIAR DE CATALINA, PALO VERDE, MENLO Y SOUTHWEST.

*Disponible para cualquier estudiante de TUSD inscrito y su familia. *Sin requisitos de ingresos o seguros.
*Servicios prestados por Facultad de Educación de UArizona, Programa de Consejería, Estudiantes de Maestría en Consejería.

Proporcionado por los Centros de Recursos Familiares de TUSD, en asociación con el Programa de Consejería de la Facultad de Educación de la Universidad de Arizona.




TUCSON UNIFIED SCHOOL DISTRICT

Comuníquese con el consejero de su escuela o cualquier Centro de Recursos Familiar para obtener más información.

Para solicitar servicios de Talk It Out, vaya a bit.ly/3Pfa4Cr o escanear aquí 

Talk It Out

COUNSELING SERVICES
A UNIVERSITY OF ARIZONA PARTNERSHIP

Workshops for Parents, Guardians, & other Adult Caregivers

April 25th from 5:00-6:00pm at the Catalina Family Resource Center

"Let's Talk About Mental Health: Addressing the stigma and exploring solutions."

"Hablemos de Salud Mental: Abordar el estigma y explorar soluciones."

REGISTER HERE/REGISTRAR AQUÍ: <https://bit.ly/TalkItOutWorkshops> OR HERE/O AQUÍ:



*Register soon, space is limited to 20 participants per session.
Regístrese pronto el espacio está limitado a 20 participantes por sesión.*

Hosted by TUSD
Family Resource Centers.

