## VII.E.1.c Policies and Procedures Amendments SY2021-22

<table>
<thead>
<tr>
<th>Governing Board Date</th>
<th>Governing Board Action</th>
<th>Item</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 24, 2021</td>
<td>ACTION ITEM:</td>
<td>Equity, Diversity &amp; Inclusion Program Proclamation</td>
<td>To approve August 15 to September 15, 2021, EDI Month to serve our students, families, and our community.</td>
</tr>
<tr>
<td>October 5, 2021</td>
<td>INFORMATION ITEM:</td>
<td>Tucson Unified Connect App</td>
<td>Equity, Diversity &amp; Inclusion department has developed a digital platform to connect students, parents, and community to educational content resources through the Tucson Unified Connect App.</td>
</tr>
</tbody>
</table>
**Agenda Item Details**

- **Meeting:** Aug 24, 2021 - AGENDA FOR SPECIAL BOARD MEETING
- **Category:** ACTION ITEM(S)
- **Subject:** Equity, Diversity and Inclusiveness Proclamation
- **Type:** Action
- **Fiscal Impact:** No
- **Budgeted:** No
- **Recommended Action:** Motion to approve August 15 to September 15, 2021 as Equity, Diversity and Inclusiveness Month in Tucson Unified School District.

**PURPOSE:** To approve August 15 to September 15, 2021 as Equity, Diversity, and Inclusiveness Month in Tucson Unified School District, and to create a comprehensive platform of Equity, Diversity and Inclusiveness that leads to actionable and equitable practices in Tucson Unified School District, the community, and the City of Tucson at large.

**DESCRIPTION/JUSTIFICATION:** The City of Tucson partnered with Tucson Unified School District and the Office of Equity, Diversity & Inclusiveness to serve our students, families, and our community. As a result, the City of Tucson has proclaimed August 15 to September 15, 2021 to be Equity, Diversity & Inclusiveness month.

**BOARD POLICY CONSIDERATIONS:** N/A

**LEGAL CONSIDERATIONS:** N/A

**INTERNAL PRESENTER(S):** Kinasha Brown, Assistant Superintendent of Equity, Diversity & Inclusiveness

**EXTERNAL PRESENTER(S):** N/A

- [2021-08-24 EDI Month Proclamation TUSD.pdf](#) (103 KB)
- [2021-08-24 Equity Diversity & Inclusiveness Month Proclamation_001.pdf](#) (395 KB)
- [2021-08-24 EDI Month Proclamation TUSD - Approved-Board signed.pdf](#) (71 KB)

**Motion & Voting**

- Motion to approve August 15 to September 15, 2021 as Equity, Diversity and Inclusiveness Month in Tucson Unified School District.

  Motion by Leila Counts, second by Ravi Girid-Bah.
  Final Resolution: Motion Passed

  Yes: Adela Ornelas, Ravi Girid-Bah, Natalie Luna Rice, Leila Counts
  No: Sadie Shaw
PROCLAMATION

City of Tucson • Office of the Mayor

WHEREAS, the City of Tucson partners with Tucson Unified School District's Equity, Diversity, & Inclusiveness Department to serve our students and families to the highest potential, ensuring the learning, development, and academic success for every student by eliminating the manifestations of racism, discrimination, and prejudice; and

WHEREAS, every student in the City of Tucson is entitled to a high quality public education, regardless of race, gender, zip code, ability, socio-economic status and/or language spoken at home; and

WHEREAS, the core values of diversity, equity, excellence, integrity, innovation, and a caring community drive our commitment to eliminating the opportunity gap for our students; and

WHEREAS, the Tucson Unified School District takes pride in recognizing August 15 to September 15 as Equity, Diversity, & Inclusiveness Awareness Month, celebrating our diverse students, their families, and community while acknowledging and working to remedy the struggles that exist based in inequitable practices and policies; and

WHEREAS, Equity, Diversity, & Inclusiveness Awareness Month is a celebration of equity in Tucson and provides an opportunity to highlight our education equity priorities, as well as the incredible work happening in schools across the City of Tucson; and

WHEREAS, educational equity, diversity, and inclusiveness will only be achieved through the collaborative work of state and local policymakers and the dedication of local school district superintendents, school administrators, teachers, support staff, and community groups.

NOW, THEREFORE, I, Regina Romero, Mayor of the City of Tucson, Arizona, do hereby proclaim August 15th – September 15th, 2021 to be

EQUITY, DIVERSITY & INCLUSIVENESS MONTH

And encourage all citizens of Tucson to join in celebrating.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Tucson, Arizona to be affixed this 15th day of August, 2021.

Regina Romero, Mayor

ATTEST:
Roger W. Randolph, City Clerk
PROCLAIMING AUGUST 15 THROUGH SEPTEMBER 15 AS EQUITY, DIVERSITY, & INCLUSIVENESS MONTH IN TUCSON UNIFIED SCHOOL DISTRICT

WHEREAS, the Tucson Unified School District’s Equity, Diversity, & Inclusiveness Department partners with the City of Tucson to serve our students and families to the highest potential, ensuring the learning, development, and academic success for every student by eliminating the manifestations of racism, discrimination, and prejudice; and

WHEREAS, every student in the Tucson Unified School District inclusive of the City of Tucson is entitled to a high-quality public education, regardless of race, gender, zip code, ability, socio-economic status and/or language spoken at home; and

WHEREAS, the core values of diversity, equity, excellence, integrity, innovation, and a caring community drive our commitment to eliminating the opportunity gap for our students; and

WHEREAS, the Tucson Unified School District takes pride in recognizing August 15 to September 15 as Equity, Diversity, & Inclusiveness Month, celebrating our diverse students, their families, and community while acknowledging and working to remedy the struggles resulting from institutionally inequitable practices and policies at the local, state and national level; and

WHEREAS, Equity, Diversity, & Inclusiveness Month is a celebration of equity in Tucson Unified School District and provides an opportunity to highlight our education equity priorities, as well as the incredible work happening in schools across the district; and

WHEREAS, educational equity, diversity, and inclusiveness will only be achieved through the collaborative work of state and local policymakers and the dedication of district superintendents, school administrators, teachers, support staff, and community groups.

NOW, THEREFORE, BE IT RESOLVED, that the Tucson Unified School District proclaims August 15th – September 15th to be EQUITY, DIVERSITY & INCLUSIVENESS MONTH. The district shall encourage all staff, students, and parents of Tucson Unified School District to join the celebration. PASSED AND ADOPTED by the Governing Board this 24th of August, 2021.

Adelia S. Brijalva, President

Sadie Shaw, Clerk

Lelia Counts, Member

Ravi Grivois-Shah, Member

Natalie Luna Rose, Member
PROCLAIMING AUGUST 15 THROUGH SEPTEMBER 15 AS EQUITY, DIVERSITY, & INCLUSIVENESS MONTH IN TUCSON UNIFIED SCHOOL DISTRICT

WHEREAS, the Tucson Unified School District’s Equity, Diversity, & Inclusiveness Department partners with the City of Tucson to serve our students and families to the highest potential, ensuring the learning, development, and academic success for every student by eliminating the manifestations of racism, discrimination, and prejudice; and

WHEREAS, every student in the Tucson Unified School District inclusive of the City of Tucson is entitled to a high-quality public education, regardless of race, gender, zip code, ability, socio-economic status and/or language spoken at home; and

WHEREAS, the core values of diversity, equity, excellence, integrity, innovation, and a caring community drive our commitment to eliminating the opportunity gap for our students; and

WHEREAS, the Tucson Unified School District takes pride in recognizing August 15 to September 15 as Equity, Diversity, & Inclusiveness Month, celebrating our diverse students, their families, and community while acknowledging and working to remedy the struggles resulting from institutionally inequitable practices and policies at the local, state and national level; and

WHEREAS, Equity, Diversity, & Inclusiveness Month is a celebration of equity in Tucson Unified School District and provides an opportunity to highlight our education equity priorities, as well as the incredible work happening in schools across the district; and

WHEREAS, educational equity, diversity, and inclusiveness will only be achieved through the collaborative work of state and local policymakers and the dedication of district superintendents, school administrators, teachers, support staff, and community groups.

NOW, THEREFORE, BE IT RESOLVED, that the Tucson Unified School District proclaims August 15th – September 15th to be EQUITY, DIVERSITY & INCLUSIVENESS MONTH. The district shall encourage all staff, students, and parents of Tucson Unified School District to join the celebration. PASSED AND ADOPTED by the Governing Board this 24th of August, 2021.

Leila Counts, President
Sadie Shaw, Clerk

Adelita S. Grijalva, Member
Ravi Grivois-Shah, Member

Natalie Luna Rose, Member
Agenda Item Details

Meeting: Oct 05, 2021 - AGENDA FOR REGULAR BOARD MEETING
Category: INFORMATION ITEM(S)
Subject: Tucson Unified Connect App
Type: Information

PURPOSE: To inform the Governing Board that the Tucson Unified Connect App is now "LIVE"

DESCRIPTION/JUSTIFICATION: Equity, Diversity, and Inclusiveness (EDI) Department has developed a digital platform to connect students, parents and community to educational content resources through the Tucson Unified Connect App.

BOARD POLICY CONSIDERATIONS: N/A
LEGAL CONSIDERATIONS: N/A
INTERNAL PRESENTER(S): Kinasha Brown, Assistant Superintendent of Equity, Diversity & Inclusiveness
EXTERNAL PRESENTER(S): N/A

2021-10-05 Tucson Unified Connect App.pdf (3,487 KB)
LET’S CONNECT
TUCSON UNIFIED CONNECT APP
TUCSON UNIFIED CONNECT APP

AVAILABLE FOR APPLE AND ANDROID USERS

APP IS FREE

3 distinct user groups – Student, Parent, Community

CONTENT AVAILABLE IN SEVEN LANGUAGES

MANY FEATURES AND RESOURCES!
FEATURES AND RESOURCES

• Educational Fun Content – Articles, Videos, Blogs
• Scholarship Resources
• Mental and Behavior Health Supports
• Job Postings
• Services – Student Support Services, Drop Out Prevention Services, Academic Counseling
STUDENT USERS

- TUCSON UNIFIED CONNECT APP is available to all TUSD students.
- Students need to sign up with their tusd1.org email.
- Content is designed for grade bands: elementary, middle, and high.
- Students 13 years of age and older will have access to mental health supports.
MENTAL HEALTH SUPPORT

- Comprehensive approach: Crisis management and on-going mental health.
- These supports **COMPLIMENT** crisis management practice in schools.
- Students must be 13+ to access mental health supports.
- Parents must provide permission for students to access.
- These supports are FREE for TUSD Students!
PALO VERDE BEHAVIORAL HEALTH

• After/out of school mental health crisis support called “crisis assessments”.
• Schedule crisis assessment through app.
• Learn about programs and services offered by Palo Verde Behavioral Health.
• Access professional referrals.
• *Minimum age of 12 to participate.
• *Patient Confidentiality*
• **NO COST for crisis assessments!**
TALK SPACE

• Provides on going mental health supports.
• Students must be 13+ to access mental health supports.
• Quick Match
• Unlimited messaging/audio treatment
• 2 virtual video sessions per month
• Psychiatrist access option
• Parents must provide permission for students to access.
• These supports are FREE for TUSD Students!
The therapist will initiate the parental or legal guardian consent process

In order to show consent, the parent or guardian will need to read, review, and agree (via video recording) to Talkspace’s standard Consent to Therapy alongside teen when the form appears within the member’s room. ID will also be required.

Note: Most states do not allow therapists to share information about their teen client's progress with their parent/guardian without a signed release from the teen.
Step 1 - Brief clinical intake and assessment

- Personal information form
- Health questionnaire
- Presenting issue prompt
Step 2 - Review and select therapist

Proprietary algorithm Quickmatch® recommends based on state of res., clinical needs & personal preferences

Participants review therapist profiles (incl. licensure, photo, areas of expertise, availability, schedule & more) before making a selection. Therapists also provide a brief intro video.

Meet your matches
Based on your preferences, we’ve prioritized female therapists who specialize in depression.

Sharon Adams Hurst

We're prioritized female therapists who specialize in anxiety.

Jennifer Liu

I use a caring, non-judgmental approach in developing my therapeutic relationships. I provide a space of acceptance and peace and meet individuals where they are at. I also use CBT, DBT and... Read more

Meet your matches

Meet your matches

Great! You’ve selected Katarina as your provider.

We want you to get the most out of therapy. Here’s how Talkspace works - and how you can set yourself up for success.

How Talkspace Works

You can send as many text, voice, and video messages as you’d like, and your therapist will engage daily, five days a week. If your plan includes live video sessions, you can work with your therapist to schedule a time that works for you. If you’re unsure about the details of your plan, reach out to your therapist.

Are you ready to

Message your provider at least three times a week?

Please make a selection

- Yes
- Unsure

Do your best to be open and honest with your provider?

Please make a selection

- Yes
- Unsure

Take assessments along the way?

Please make a selection

- Yes
- Unsure
Step 3 - Begin Communication

- 10-minute, live-video introduction
- Unlimited messaging:
  - Text - Audio - Video
  - Responses Daily
  - 5 days/week
- Reply-by features and notification support engagement
- Live Video Sessions
Member Experience: Getting Support

Clinical progress

Long-term goals
- Reduce overall frequency, intensity, and duration of the anxiety so that daily functioning is not impaired.

Short-term objectives
- Discuss progress with your therapist. If you feel that you’ve accomplished an objective, let your therapist know so you can set new ones together.
- Identify, challenge, and replace biased, fearful self-talk with positive, realistic, and empowering self-talk.
- Learn and implement problem-solving and decision-making skills.
- Verbalize an understanding of the cognitive, physiological, and behavioral components of anxiety and its treatment.

Self-guided

Goal Setting

Messaging

Live Video

Outcomes

Exercises

Self-Guided

Your depression score is 12/27.
Your score indicates an increase in your symptoms of moderate depression. Experiencing increased symptoms after starting therapy is fairly common. You’re likely paying more attention to how you’re feeling and are more aware of whatever symptoms are arising. With the support of your therapist, you can learn techniques to reduce symptoms over time — so be sure to check in with them about your results.

Discussion points:
- What does my score mean?
- What are some strategies I can practice to manage my symptoms better?
- Lately I’ve been feeling...

Discuss with your therapist.

Exercises

Understanding past experiences
- Emotional: Identify patterns
- Gain new insights
- Record thoughts

Sensory awareness
- Increase awareness
- Improves concentration
- Reduces stress

Overcoming worry
- Identifies thought patterns
- Reduce fears
- Improves problem-solving skills

Next
PARENT USERS

- Education
- Smart Choice
- Parent VUE
- Requests for services
- Blogs/Articles
- Employment Opportunities
- Giving/Donations
- Volunteer Opportunities
- Event Calendar
COMMUNITY USERS

- Videos
- Blogs
- Articles
- Post Job
- Giving/Donations
- Volunteer Opportunities
- Event Calendar
HOW TO ACCESS TUCSON UNIFIED CONNECT APP

• Open the App Store (Apple) or Google Play (Android) Store using your mobile device
• Type in Tucson Unified Connect
• Click – Get
• Follow prompts to Sign Up
• Begin exploring Tucson Unified Connect App
THANK YOU!