## APPENDIX VIII - 2

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Elementary Extracurricular activities options via Zoom



\*Although activities cannot be conducted in person this year, the district believes it is still very important to be able to offer extracurricular options for our students.

## It is also important to know that each activity will still need to be supervised by a coach, administrator, or teacher from the school.

If you have any questions or more ideas that you would like to share please contact Erin in Interscholastics at 520-232-8650 or via email at <u>erin.vanriper@tusd1.org</u>. (email is best).

\*Basketball exercises/drills (Can be conducted by one of the school's coaches)

\*Yoga (can be done by one of the school's coaches or teachers)

\*Reading club (students can take turns reading books to one another or reading a particular book each week and discussing the story with other students in the group)

\*STEM/Science club — (build a castle out of materials on hand, make a pinwheel with paper and pencil, make playdough, build a bridge with popsicle sticks, fun with magnets, etc.)

\*Exercise — (GoNoodle, Brain Breaks via YouTube, nature walk scavenger hunt (can be done via student's backyard)

\*Game club — (scavenger hunt, Simon says, Pictionary, Would you rather, trivia games, Bingo, hangman, etc.)

\*Kindness club (painting kindness rocks to place around town for others to find, writing letters/cards to send to nursing homes, front line workers, etc. Chalk artwork w/kind words on the sidewalk, have students draw a picture of them being kind.)

\*Fuel up for 60 – (See wellness handout)

\*Hip Hop Public Health – (See wellness handout)

\*Student council

\*NHS (National Honor Society)

\*Math League

\*Boy/Girl Scouts

\*Art Club

