TUCSON UNIFIED SCHOOL DISTRICT
NEXT STEPS 2020
A New Era for Education

Integrated SY 20-21 Schedule/Plan

August 11, 2020
Desire Wheeler
# Proposed SY 20-21 Schedule

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter (No Impact)</th>
<th>Spring (No Impact)</th>
</tr>
</thead>
<tbody>
<tr>
<td>B/G Golf</td>
<td>Spirit Line</td>
<td>Baseball</td>
</tr>
<tr>
<td>B/G Cross Country</td>
<td>B/G Basketball</td>
<td>Softball</td>
</tr>
<tr>
<td>B/G Swimming</td>
<td>B/G Soccer</td>
<td>B/G Tennis</td>
</tr>
<tr>
<td>Girls Volleyball</td>
<td>Wrestling</td>
<td>B/G Track</td>
</tr>
<tr>
<td>*Late Fall (Football, Spiritline, Pep Band)</td>
<td></td>
<td>Boys Volleyball</td>
</tr>
</tbody>
</table>

- Color Guards & Drum Line

**TUCSON Unified School District**
The SY 20-21 Fall, Winter and Spring seasons will run concurrent to the AIA season and our teams remain state eligible.

Due to the health metrics in Pima County, we propose the implementation of a late Fall season for Football (October 5\textsuperscript{th}).

The late Fall season will start October 5\textsuperscript{th} through mid December. This proposal allows our high risk fall athletes (football) the safest return to play and the opportunity to compete. In addition, Spiritline and Pep Band to align with football.

If needed, we do have an Option B for Football.

This proposal will be implemented in tandem with other southern Arizona districts that were impacted by the same directive. The collaboration’s objective is to enhance the competition, scheduling and athletic experience for the TUSD’s impacted fall sport athletes (Football).
The format of the football state championship will be impacted by this decision, but we are working to provide the best competitive season for football.

We will continue to discuss other complexities in addition to the health and safety impacts, to include team availability, travel limitations and various local and state restrictions.
Phase-1 Practice for Low-Profile/Contact Sports

Begin Phase-1 August 17th for the following sports: (Staggered Start)

- Cross Country
- Golf
- Swimming
- Girls Volleyball
- Late Start to Football Practice Only! (August 24th)

Cross Country and Swimming should consist of:

- Consider virtual meets, racing athletes against each other, electric or airhorn starts, staggered starts, smaller boxes, alternate lanes, disposable chips, etc.

Golf

- Will follow Jr. Golf Association recommendations:
  - Digital scoring, no touching flag stick, no awards ceremonies, always remain 6 ft apart, no handshakes, meet at course, players must leave the course immediately after round, etc.

Volleyball

- Hand whistles, modify drills, disinfect volleyball frequently, stagger practices/matches, wear mask on benches, scores table, and coaches, suspend switching sides, modify substitution procedures, etc.
### Key Safety Considerations

- Groups of up to 7 athletes and 2 coaches
- Groups are set until Phase 3
- Group siblings and those who share homes/transportation together in same group
- Strongly advising against students carpooling
- All participants must have personal water bottle
- Extra water/filling bottles – school must designate a coach or an 8th student (manager) to dispense water from water cooler
- If water dispenser is a manager: must be registered in ATS and pass daily screening
- All must pass health screening to remain on campus/participate
- No visitors allowed at practice sessions
- All participants should shower and change/wash clothes upon returning home
- CLEAN clothes each day
Adhere to master schedule developed by Athletic Director

- Coaches must submit practice plan and screening procedures to AD

Masks must be worn inside by students/coaches

- Masks outside during team talks, meetings, before/after conditioning
- If socially distanced outside during activity, students may remove masks; Coaches must always wear mask

Schedule groups with time for sanitization and student departures (minimum 15-minute window)

- Coaches are responsible for cleaning up after groups (and this is part of your time slot)

One-way traffic

- Athletes enter at checkpoint near parent drop-off
- Leave through designated exit point

Minimal facility contact

- Specific restroom for emergencies
- No locker rooms
Daily Health Screening for Athletes and Coaches

Completed outside near parking/drop off by coach or administrator

5 TUSD mandated questions completed on form or ATS
- Temperature recorded on form or chart by coach
- Forms will be submitted to AT for documentation

Temperature check
- 99.9° or lower is considered healthy
- Can recheck temperature once after 5-10 minutes rest period

Any yes answers and/or temperature 100.0° or above requires athlete to be referred to AT and immediate contact to administrator
AIA Recommended Phase Transition

**Phase 1: Small groups with safety precautions**
- Health screening
- Conditioning (cardio, flexibility and body weight exercises)
- Acclimatization
- Transition to resistance exercise

**Phase 2: Medium group size w/50 or less but adherence to safety precautions**
- Health screening
- Increased resistance exercise, flexibility and cardio
- More sport-specific work
- If practicing off campus, health checks must be completed prior to leaving campus

**Phase 3: Regular group size; resume official practices/competition**
Thank you!

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