Talk It Out Services School Year 2019-2020

**July 2019**
- During the month of July, 38 individuals/families accessed Talk It Out services.
- Total completed appointments in July: 90
  - 14 intakes completed
  - 76 individual therapy sessions completed

**August 2019**
- During the month of August, 28 individuals/families accessed Talk It Out services.
- Total completed appointments in August: 66
  - 14 intakes completed
  - 50 individual therapy sessions completed
  - 2 family therapy sessions completed

**September 2019**
- During the month of September, 40 individuals/families accessed Talk It Out services.
- Total completed appointments in September: 77
  - 18 intakes completed
  - 57 individual therapy sessions completed
  - 2 family therapy sessions completed

**October 2019**
- During the month of October, 39 individuals/families accessed Talk It Out services.
- Total completed appointments in October: 87
  - 13 intakes completed
  - 71 individual therapy sessions completed
  - 3 family therapy sessions completed

**November 2019**
- During the month of November, 41 individuals/families accessed Talk It Out services.
- Total completed appointments in November: 93
  - 5 intakes completed
  - 82 individual therapy sessions completed
  - 6 family therapy sessions completed

**December 2019**
- During month of December, 47 individuals/families accessed Talk It Out services.
- Total completed appointments in December: 87
  - 5 intakes completed
  - 76 individual therapy sessions completed
  - 6 family therapy sessions completed
Talk It Out Services School Year 2019-2020

January 2020

• During the month of January, 68 individuals/families accessed Talk It Out services
• Total completed appointments in January: 120
  o 31 intakes completed
  o 84 individual therapy sessions completed
  o 5 family therapy sessions completed

February 2020

• During the month of February, 89 individuals/families accessed Talk It Out services
• Total completed appointments in February: 233
  o 27 intakes completed
  o 190 individual therapy sessions completed
  o 16 family therapy sessions completed

March 2020

• During the month of March, 75 individuals/families accessed Talk It Out services
• Total completed appointments in March: 166 (74 of these sessions completed via telehealth)
  o 6 intakes completed (1 via telehealth)
  o 146 individual therapy sessions completed (67 of these via telehealth)
  o 14 family therapy sessions completed (6 of these via telehealth)

April 2020

• During the month of April, 41 individuals/families accessed Talk It Out services
• Total completed appointments in April: 165 (all conducted via telehealth)
  o 2 intakes completed
  o 154 individual therapy sessions completed
  o 9 family therapy sessions completed

May 2020

• During month of May, 38 individuals/families accessed Talk It Out services
• Total completed appointments in May: 108 (all conducted via telehealth)
  o 101 individual therapy sessions completed
  o 7 family therapy sessions completed

Totals for July 1, 2019-May 31, 2020

• Talk It Out served 175 unique individuals/families during this time
• Talk It Out completed 1292 total appointments as follows:
  o 135 intakes completed (3 completed via telehealth)
  o 1087 individual therapy sessions completed (322 conducted via telehealth)
  o 70 family therapy sessions completed (22 conducted via telehealth)