

## **APPENDIX V – 17**



Welcome To UHS!

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Class of 2023  
Happy To Meet You!

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# PENGUIN PARENTS TO THE RESCUE!

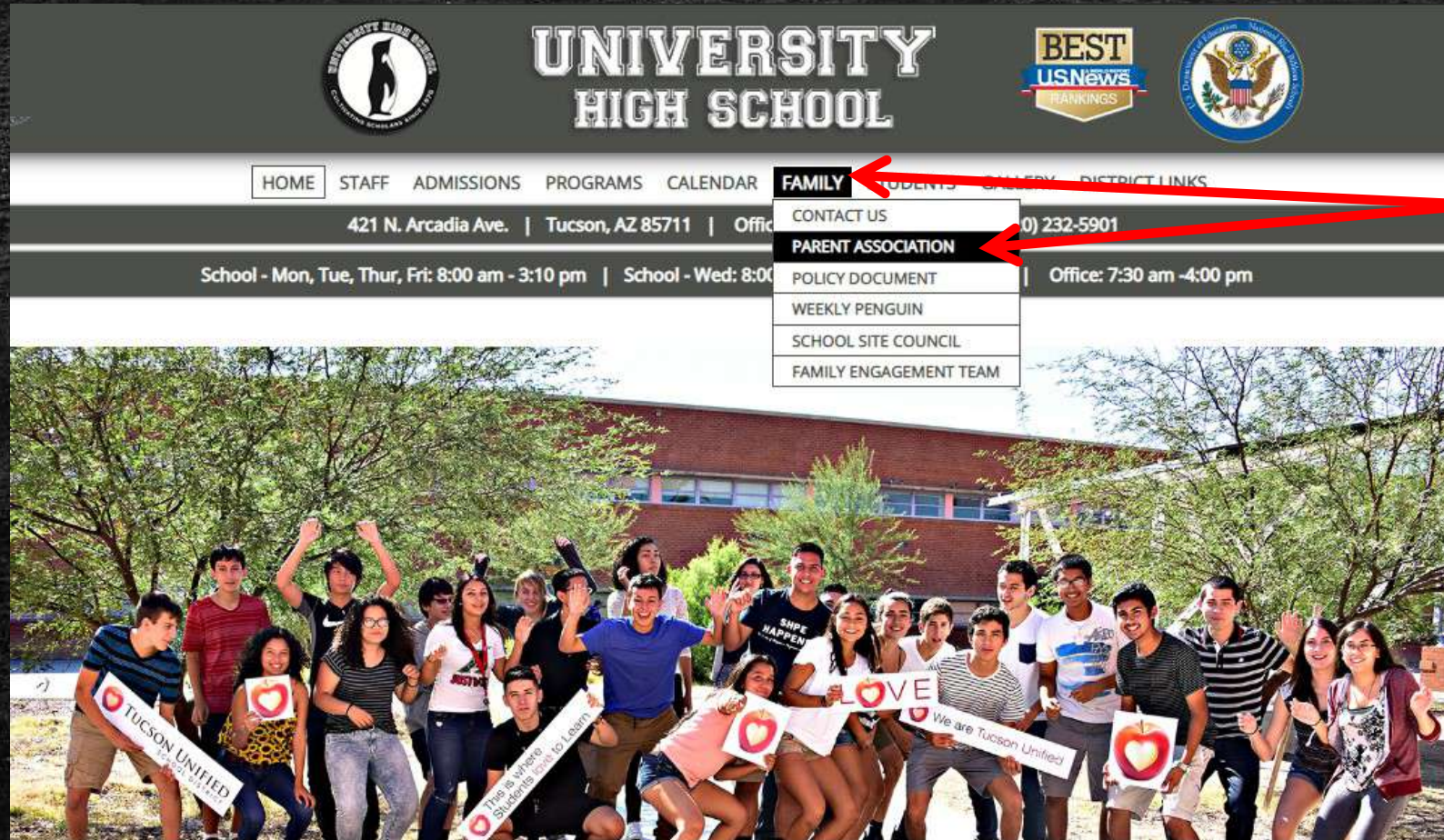
## Help Us Help You

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- Sign up for UHSPA and UHS text and email
- Friend us on Facebook
- Visit our website [www.uhsparents.org](http://www.uhsparents.org)
- Visit the school website <http://www.tusd1.org/uhs>
- Attend the UHSPA monthly meetings and make a new Penguin friend
- Read the *Weekly Penguin Newsletter* from Ms. Cislak
- Talk to your daughter or son (but then see above)

# The SCHOOL Website

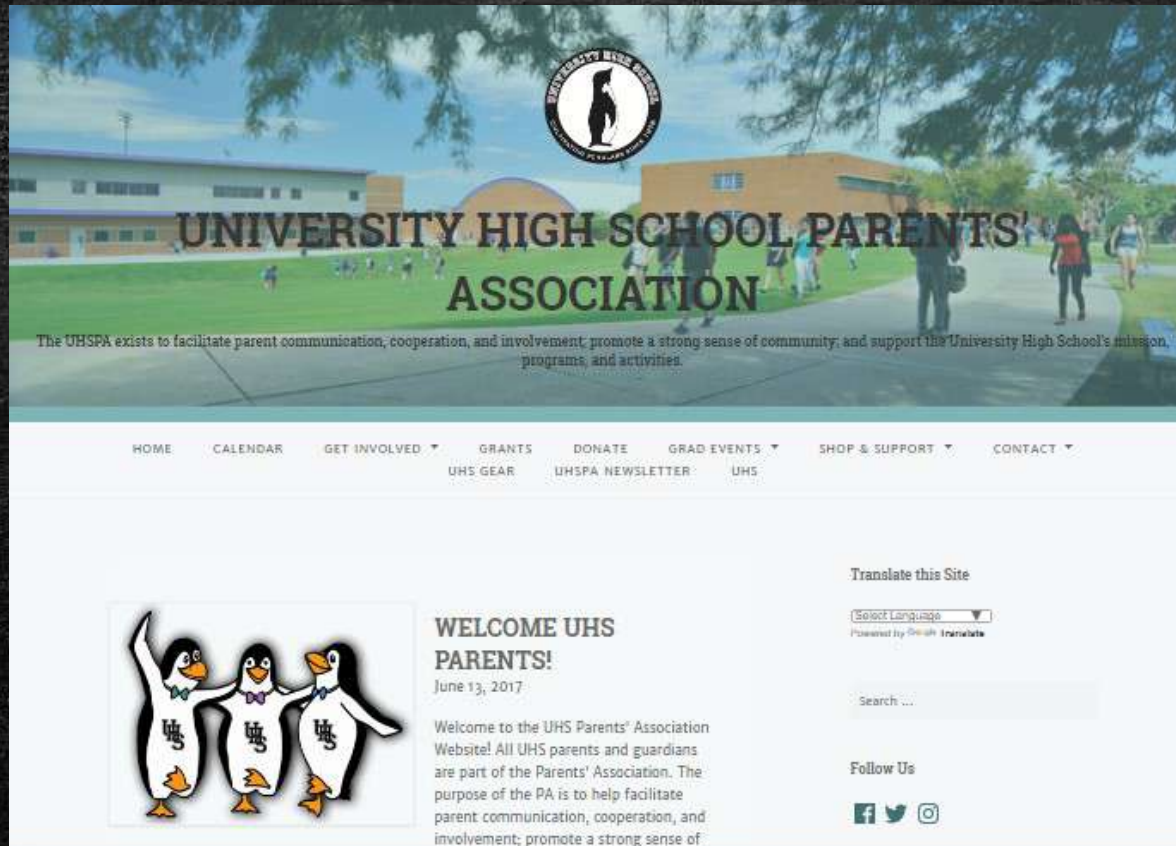
<http://www.tusd1.org/uhs/>



**Tip:** You can reach the UHSPA website by clicking FAMILY and then selecting PARENT ASSOCIATION on the UHS homepage.

**UHSPA SITE: [www.uhsparents.org](http://www.uhsparents.org)**

★ **Sonia Apodaca-Harms: UHSPA Secretary, Webmaster** ★



**DISCLAIMER:** This website is maintained and updated by volunteers. We do our very best to provide current and relevant information! Please be patient! Thanks!

# Can UHS & UHSPA Send Me Updates via TEXT?

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***We can do it!***

# Here's How to Receive Texts from UHS (Principal & Administration)

All UHS 2023 Parents Send a  
Text to  
**81010**  
to receive updates from  
the Principal and  
Administration!

To: 81010  
Message:  
@uhs-2023

Sign up for  
updates for Class  
of 2023 and other  
school  
notifications!



# Here's How to Receive Texts from UHSPA (PARENTS' ASSOCIATION)

Send a Text to  
**81010**  
to receive updates from  
the PARENTS'  
ASSOCIATION

To: 81010  
Message:  
@uhspa2023

Sign up for  
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# Got Facebook?

 Find us on  
**Facebook**

**@uhsparentsassn**  
**@uhsfaa**

Set notifications to "See First"

Liked Following

Unfollow this Page

IN YOUR NEWS FEED

☒ See First

Default

Unfollow

NOTIFICATIONS

☒ On (Posts)

All Off

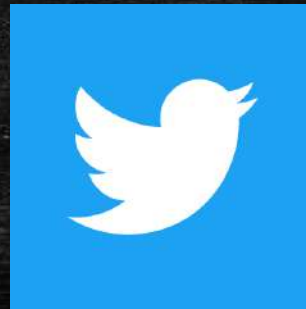


# More Social Media? Yes. We Are Everywhere.

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uhsparents



@UHSParents

What if I don't have easy access to the internet?  
What if I need information translated into a  
different language?

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If you do not have a mobile phone, internet access or email, or if you have a preferred language request, please notify the school office so that we can help you get the information you need:

¡Hablamos Español!



**UHS Office: 520.232.5900**

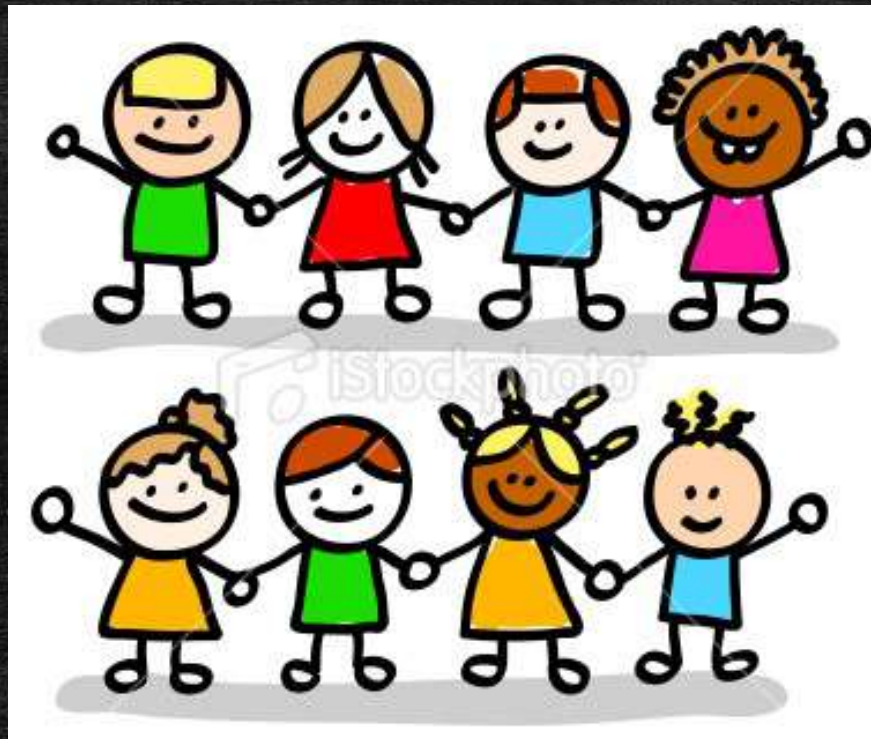
# Attend Our Monthly UHS Parent Association Meetings

## Thursdays 6:00 – 7:00 p.m.

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### 2019

- August 8
- September 12
- October 17
- November 14
- December 12



### 2020

- January 9
- February 13
- March 5
- April 2
- May 7

# Meeting Fatigue? Our Promise To You:

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You will learn something about your child and UHS that you can't learn anywhere else

- Principal Report and Guest Speakers

You will learn how you can help make UHS a better place to be

You will meet friendly people

Someone will offer you a snack

Someone will offer you a solution to a problem or concern...or at least a shoulder to lean on

The meeting will last about an hour



# UHSPA Parent Volunteer Opportunities

- UHSPA Board Member
- Fundraising and Development
- Campus Care & Beautification
- Grad Night and Graduation Events
- Small Grant Awards
- Hosted Events/Staff Appreciation
- Office Assistance
- College and Career Center
- Secret Penguin
- Family Faculty Support



# Attend A Welcome Wagon Event/Zip Code Party This Summer!

Our principal, Ms. Cislak, is organizing "Zip Code Parties " to help freshmen families get to know each other and...



...connect with parents who might be good carpool partners!

If you are not already signed up for an event near you, contact Principal Amy Cislak at:

[Amy.Cislak@tusd1.org](mailto:Amy.Cislak@tusd1.org) or the front office at 520.232.5900

# Yes! I CAN'T WAIT TO JOIN THE FUN!

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- Fill out the Volunteer Forms contained in the UHS Summer Mailing Packet and bring completed forms to Registration
- Forms available in the lobby after today's presentation – fill it out and turn it in (please save a tree and don't take extras with you)
- Sign up online, watch for sign-up opportunities on our website and social media:  
[www.uhsparents.org](http://www.uhsparents.org)
- Attend our August 8<sup>th</sup> meeting and raise your hand



# Time To Talk Money...The Need Is Great Two Campaigns This Year

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## Fall Annual Fund Drive

Supports all of the UHSPA programming and purchases

\$250 suggested donation - \$25/month

Graduation at Centennial Hall  
BOOST – planners, backpacks, water bottles  
Tech Equipment & Library Books  
Financial Support of Academic Competition Teams  
Small Grants for Teachers – Textbooks and Continuing Ed  
Welcome and End of the Year Breakfast for Teachers and Staff

## Spring March Of The Penguins

Supports UHSPA Mission-based projects, including the support of the CCCC



Donate online at [www.uhsparents.org](http://www.uhsparents.org) or turn in your Annual Fund Donation envelope – available in the Lobby

# FUNDRAISING VOCABULARY CHEAT SHEET

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**UHSPA Annual Fund:** Charitable Donations to UHSPA 501(c)(3). Supports all UHSPA projects (graduation, BOOST, staff appreciation, etc.)

Donate online ([www.uhsparents.org](http://www.uhsparents.org)) OR with envelope available in lobby.  
Donation of \$250 encouraged)

**UHSPA March of the Penguins:** Charitable Donations to UHSPA, but takes place in the spring and supports specific mission-based projects (e.g. College and Career Counseling)

**AZ Public School Tax Credit:** State program that allows contribution to UHS with a dollar-for-dollar tax credit. \$200/400 limit. See your tax professional for details. These contributions may be made online at [www.tusd1.org](http://www.tusd1.org).

# Support UHSPA When You Shop

## You're going to shop anyway and it's easy to do!

Use our affiliate link to start your shopping at

**amazon.com**



**[www.bit.ly/uhspa](http://www.bit.ly/uhspa)**



(Bookmark it!)

Using this link changes nothing about your normal Amazon.com shopping experience. Share with everyone! Anyone worldwide can use it!



## USE BENEFIT MOBILE APP WHEN YOU SHOP IN STORES & ONLINE

Benefit is a free iPhone and Android app that allows you to shop at places like Target, Starbucks, Amazon, Walmart and many more and **give up to 20% of every transaction back to the UHSPA**. Just shop like you normally do. When it comes time to checkout, instead of pulling out your credit card, pull out the Benefit app and purchase a digital gift card that you redeem instantly.

Download the app and select UHSPA as your chosen beneficiary to start giving today. **Start at:** <https://www.benefit-mobile.com/causes/uhspa>

LINK YOUR FRY'S VIP CARD TO UHS



UHSPA earns money every time you shop!

Here's another super easy way to help UHSPA raise funds everytime you buy groceries at Fry's. Please connect your Fry's Community Rewards card to the UHSPA account, especially if you just joined us at UHS (your card may still be connected to your student's previous school).

### WHAT TO DO:

- (1) Visit [www.FrysCommunityRewards.com](http://www.FrysCommunityRewards.com)
- (2) Click "register" in the upper right corner and follow the instructions to create an account.
- (3) Sign in and link your Fry's VIP card to: **University High School Parents' Association - ID# NI329**
- (4) Smile. You're gonna be a great help. Simple. Right?

*Don't have your Fry's VIP card number? Call (866) 221-4141 for assistance.*

**SHINE A SPOTLIGHT ON**



**GRAD NIGHT**

# WHAT'S GRAD NIGHT & WHY DO I WANT TO VOLUNTEER?



# THE "PAY IT FORWARD" EVENT OF THE YEAR



# KEEP THE GRAD NIGHT TRADITION ALIVE!

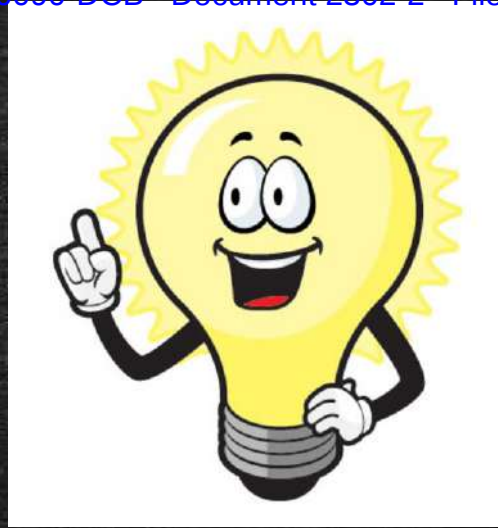
## Volunteer as a committee member:

- ✓ Committee Chair and Co-Chair
- ✓ Security / Facilities Chair
- ✓ Cleanup Coordinator
- ✓ Fundraising / Donations Asst.
- ✓ Prizes Asst.
- ✓ Decor / Set Up Chair and Co-Chair
- ✓ Entertainment Co-Chair
- ✓ Declaration Night Liaison Asst.
- ✓ In House Promotions Asst.

Job descriptions and robust mentorship provided!!!

Ready to volunteer? Email us at [gradnight@uhs-pa.org](mailto:gradnight@uhs-pa.org)





# Just Tell Me The Stuff I Really Want To Know

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Tips for surviving the first few weeks of  
High School...

Tip #1: **ParentVUE** – get access NOW

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All families should have a Parent VUE account by now. If you do not, call the front office at **520.232.5900** or email the front office at **[Martina.Kimball@tusd1.org](mailto:Martina.Kimball@tusd1.org)**

This gives you access to grades, teacher communication, fee payment, etc.

**Tip #2: Show Up On The First Day of School**  
**Thursday, August 1<sup>st</sup> – Class begins at 8 a.m.**

**Tip #3: Attend Schedule Pick Up Days**

**Freshmen: Thursday July 25<sup>th</sup>**

July 26 - July 31: Make-up Registration Dates

Last Name Beginning with:	Time
A-L	12:00-1:30 PM
M-Z	1:30-3:00 PM

**Schedule Pick Up begins in the Auditorium Lobby**

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# What to Bring to Schedule Pick Up Day

Your child, completed UHSPA paperwork, completed sports physical paperwork (pick up next week at BOOST) and your wallet if you haven't paid online.

Pick up books, your schedule and have your School ID and Yearbook photo taken.

Locker rental  
PSAT exam fee  
Yearbook

## Extracurricular fees:

Sports participation, fine arts participation  
Sporting Events Season Pass



UHSPA Annual Fund Donations Accepted

# ARCADIA PARKING LOT

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CALL 520-232-5900 TO  
REPORT AN ABSENCE, LATE  
ARRIVAL OR ARRANGE FOR A  
HALL PASS. IF POSSIBLE, HAVE  
YOUR CHILD BRING A NOTE TO  
THE ATTENDANCE OFFICE  
THAT MORNING



ARCADIA AVE



# Tales From The Lunchroom

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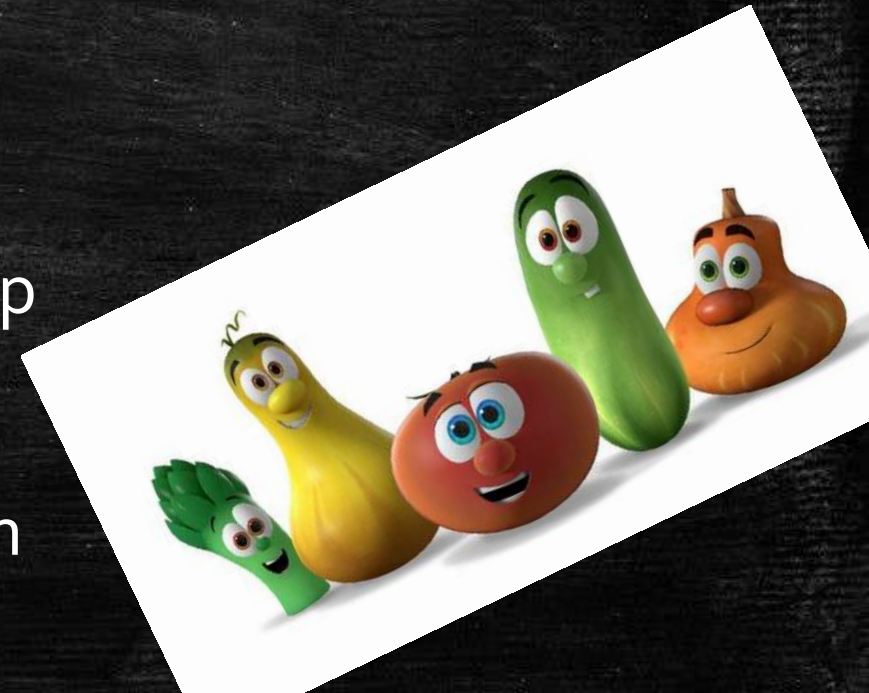
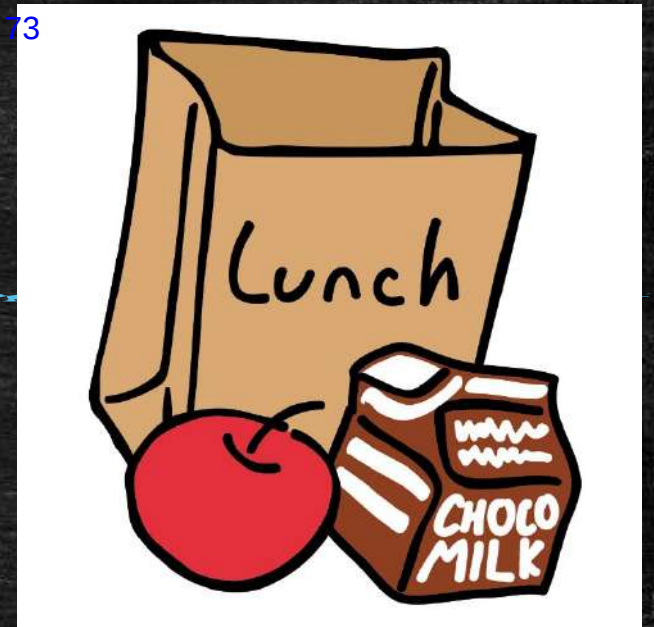
UHS is a closed campus – no leaving

Lunch is available for purchase - cafeteria

Some students find it easier to bring their lunch from home for the first few weeks

Free and reduced lunch is available – please contact the office if you need help signing up

Students eat lunch in the cafeteria, outdoors, or in some classrooms (ONLY with permission)



# Stuff!

## What To Bring, What To Leave At Home

### Bring On The First Day

- Backpack – lockers are not always close by
- A few, basic school supplies (paper, pen, pencil, binder). Teachers will recommend other items to purchase the first few weeks.
- School ID
- Copy of class schedule
- Lunch/lunch money and WATER
- A transportation plan

### Don't Bring On The First Day

- Computer/tablet
- A new calculator...wait to buy/borrow a new calculator until you talk to your math teacher. You can probably use what you already have.
- A stubborn attitude. Class schedules, books, etc. may change. Be as flexible as possible.



# The Rest Of The Fall – Condensed Version



Take time to enjoy  
the FUN happening  
on this campus!  
Sports, Fine Arts,  
Clubs, Community  
Service and more!

**Back To School Night –**  
Tuesday August 6<sup>th</sup> @ 6 pm  
**Homecoming Game –**  
Friday, September 13<sup>th</sup>  
**Homecoming Dance –**  
Saturday, September 14<sup>th</sup>  
**PSAT - October**

# Questions & Answers

UHSPA  
MEETING  
AUGUST 8<sup>TH</sup>  
6:00 PM



# Let's Connect!

## UHSPA's Guide To Staying In Touch Because We Want You To Know!

### EMAIL

- ☐ To receive email updates from UHSPA, send an email to sign up:

[communications@uhs-pa.org](mailto:communications@uhs-pa.org)

Please include the following in your email:

- Student's full name
- Your full name and email
- Spouse's email and his/her full name

*\*\*If you have more than one student, be sure to sign up for each class email*

### TEXTS

- ☐ To stay informed from the Parents' Association on your phone use the Remind Texting App:

Text **81010** with message:

@uhspa2020 -- for class of 2020

@uhspa2021 -- for class of 2021

@uhspa2022 -- for class of 2022

@uhspa2023 -- for class of 2023

### ON THE WEB

[www.uhsparents.org](http://www.uhsparents.org)

Or follow the link on the school website:

<http://tusd1.org/uhs>

(click FAMILY and then select PARENT ASSOCIATION)

#### Tip For New Students:

Some teachers, teams and clubs create Facebook pages and use Remind texting to keep in touch.

### MONTHLY E-NEWSLETTER

- ☐ Sign up at <http://uhspa-news>

### SOCIAL MEDIA

Facebook: @uhsparentsassn (LIKE & FOLLOW us!)

Instagram: @uhsparents

Twitter: @uhsparents

UHS!!

Waddle?

HELP!!

