TUSD CAPTAIN’S ACADEMY
LEADERSHIP TRAINING
Intro Videos

Attitude Reflects Leadership-
Attitude Reflects Leadership
Attitude Reflects Leadership - As the Captain of your team, what does this statement mean to you?
Trainer Intro

More about me

My objectives - to meet your objectives

Expectation – interactive discussion, lots of questions, share your ideas and experiences

Trust the process – please participate fully
How excited are you to be here?
Who Are You? #1

In 45 seconds or less:

Name
What school you’re from
What sport do you play?

Your team choose you to participate in this training so what do you hope your team/school will gain by it?
As a Campus Leader What are your Concerns regarding your school?

- **Academic performance**
  - Are you satisfied with the ability of your school to accomplish academic goals?

- **Safety**
  - Are you concerned about emotional and physical safety at your school?

- **Student Conduct**
  - Are you concerned about violence, drugs and alcohol, irresponsible use of internet, lying, theft and cheating?

- **Integrity**
  - What is the impact of recent integrity scandals at schools?
Activity

Table Talk

Question: Name a person in your life who has exemplified the role of a good leader and why?
Who Are You? #2 and #3

In 45 seconds or less:
- Name
- What school you are from and what sport do you play

When you entered the room, what was your expectation of what you will be doing in this training?
Leadership Toward Team Chemistry

What is Team Chemistry?
Teams that are Motivated, Committed, and United in the Pursuit of Their Goals
Who Are You? #4

In 45 seconds or less:
Name
What school are you from and what sport do you play

Name a movie that you have seen that taught you leadership lessons.
What are they and why do they matter in being a leader?

Values

Beliefs, attitudes and desires that shape goals and motivate choices
Values are the building blocks of Character and as a Captain, values shape the nature and quality of your leadership.
Leaders today must form their values and character in a world full of inconsistent messages.
Our values tell us what we stand for

And what we are willing to fight for
Leadership Videos - Values

Eight Men Out

Bagger Vance
Are any of these your values?

- Everyone lies, it’s no big deal
- I’d rather get a failing grade than cheat.
- No one really cares whether I do my homework
- I like to help out other kids when I can
- I know I’ll make better money and have more choices if I get a college education.
- A high school diploma ain’t worth nothin’.
- I don’t like studying but I know I will do better if I do.
- If someone treats me with disrespect they will be sorry
Are any of these your values?

- I can control my temper if I want to.
- There's no limit to what I can do if I put my mind to it.
- I'd rather not try than deal with the embarrassment of failure.
- I believe in treating others the way they treat me.
- The more I plan the more I succeed.
- I believe in the Golden Rule: he who has the gold rules.
Who Are You? #5

In 45 seconds or less:
Name
What school are you from and what sport do you play

What specific values did your parents emphasize? Name as many as you can
Actions are the result of choices

Attitudes are the result of choices

Choices create consequences

Each change in attitude or actions creates different consequences

Good choices create good consequences
Activity

Gotcha
What Is Character?
What is Character?

CHARACTER IS ETHICS IN ACTION
Character and Reputation

Our reputation is what other people think we are; character is what we really are.

Lincoln said our character is the tree, our reputation the shadow.
Six Pillars of Character

- **TRUSTWORTHINESS** – honesty, integrity, promise-keeping, loyalty
- **RESPECT** – courtesy, nonviolence, tolerance, autonomy
- **RESPONSIBILITY** – duty, accountability, pursuit of excellence, self-restraint
- **FAIRNESS** – openness, consistency, impartiality
- **CARING** – kindness, compassion, empathy
- **CITIZENSHIP** – civic virtue, lawfulness, common good
Leadership Video - Trustworthiness

Cool Runnings

Liar Liar
Trustworthiness

Promise Keeping
Honesty
Integrity
Loyalty
Positive values to instill: I will be a better person and live a more worthy life if I act on the following beliefs:

- Trust is essential to all my important relationships.
- Honesty is the best policy.
- I should keep my promises.
- It’s not worth to lie or cheat because it hurts your character.
Treating people with respect means letting them know that:

- Their safety and happiness matter
- They’re important and worthy simply because they’re fellow human beings
- Live by the Golden Rule
Positive values to instill: I will be a better person and live a more worthy life if I act on the following beliefs:

- Treat everyone the same whether they are my friends or someone I don’t know very well.
- I should be courteous and have good manners.
- I should live by the Golden Rule. – treat others the way I want to be treated.
- Be willing to accept differences found in my classmates.
- Avoid being a bully or fighting with others.
Seven Rules of Respect

1. Honor the individual worth and dignity of others.
2. Show courtesy and civility.
3. Honor reasonable social standards and customs.
4. Live by the Golden Rule.
5. Accept differences and judge on character and ability.
6. Respect the autonomy of others.
7. Avoid actual or threatened violence.
Playing Card Hierarchy

When I say ‘Go,’ place your card on your forehead so others can see it. The higher your card is, the more popular you are. Everyone must treat and react to others based on their cards. For example, if someone is a King, show that you want to hang out with him or her. That person must in turn respond to you based on your card.
A, K, Q, J

10, 9, 8

7, 6, 5

4, 3, 2
Responsibility Video

A Christmas Story
Responsibility

- Responsibility requires that you recognize what you do — and don’t do — matters.
Positive values to instill: I will be a better person and live a more worthy life if I act on the following beliefs:

1. I need to be accountable for the choices I make.
2. I should exercise self-control and set a good example.
3. It is important to plan, set goals, and persist in order to be successful.
4. I should do what I have to do without whining or giving excuses.
5. Do my best work and be my best self.
Twelve Concepts of Responsibility

Be accountable
Exercise self-control
Plan and set goals
Choose positive attitudes
Do your duty
Be self-reliant

Pursue excellence
Be proactive
Be persistent
Be reflective
Set a good example
Be morally autonomous
Fairness Videos

The Mighty Ducks

Remember the Titans
Fairness

- **Process** – How we make decisions.
  - The moral obligation is to make decisions fairly. This is called procedural fairness.

- **Results** – What we decide (the substance of the decision). The consequences or benefits should be fair.
  - The moral obligation is to make fair decisions. This is called substantive fairness.
Positive values to instill: I will be a better person and live a more worthy life if I act on the following beliefs:

1. I should treat all people equitably based on their merits and abilities.
2. I need to be consistent.
3. Don’t blame others or punish them for something they’re not responsible for.
4. I should accept the fact that something is not unfair just because I didn’t get what I wanted.
Six Theories of Substantive Fairness

**Merit** – People are entitled to whatever they can earn or acquire based on skill, talent, or hard work.

**Need** – People are entitled to what they need, and it’s the responsibility of a just society to see that this happens.

**Might** – Power is the basic determinant of what a person deserves. Might makes right.

**Equality** – People are entitled to equal shares of whatever is available.

**Seniority** – People are entitled to benefits such as jobs and compensation based on how long they’ve been working for an organization.

**Effort** – People are entitled to benefits in proportion to the effort they expend.
You’re an employer who for budget reasons has to let go of one employee. What is fair?

- **Able** is your newest employee. He’s young, unmarried, and is your best producer. He gets more work done effectively than any other employee.
- **Nettie** is a competent worker of four years, a single mother with three small children at home. She needs the job the most.
- **Oldham** has worked for the company the longest (18 years) and is two years away from a pension.
- **Tryhard** is a good producer with a terrific attitude. She’s the hardest worker you have.
- **Nepo** is a competent employee and the daughter of one of the owners of the company.
Caring Videos

The War

Sea Biscuit
Caring

• Concern for others’ well-being
• Compassion
• Empathy
• Kindness and consideration
• Charity
• Sacrifice
• Gratitude
• Mercy and forgiveness
Positive values to instill: I will be a better person and live a more worthy life if I act on the following beliefs:

1. I have to show concern for others’ well-being.
2. I should act compassionately and with empathy.
3. I need to be kind and considerate.
4. I should practice charity, make sacrifices, and show gratitude.
5. I have to be willing to show mercy and forgiveness.
A Caring Person Is:

- Compassionate and empathetic
- Kind, loving, and considerate
- Thankful and expresses gratitude
- Forgiving of others

A Caring Person Is Not:

- Mean, cruel, or insensitive
- Selfish or self-centered
- Too busy to lend a helping hand
Citizenship Video

The Ant Bully

Saving Private Ryan
Citizenship

- Fulfill your civic duties.
- Do your share.
- Respect authority.
- Pursue civic virtues
Six Pillar Commercials create a commercial using your tables’ Pillar: Here is the catch your have to act it out without speaking. 30 second commercial
LEADERS’ LEAD

What Can You Do As A Leader?
Ms. Novak will ask questions and you will discuss for 1 minute at your tables and report out to the group.
SCHOOL PLAN- MEET WITH THE CAPTAINS FROM YOUR SCHOOL. DISCUSS WHAT YOU HAVE LEARNED TODAY AND DEVISE A PLAN THAT YOU WILL TAKE BACK TO YOUR TEAM. IN YOUR PLAN DISCUSS HOW YOU WILL PRESENT THIS TO YOUR COACH FIRST AND THEN YOUR TEAM.