

# NEED HELP? ¿Necesita Ayuda?

finding services for people who are homeless or near-homeless  
Encuentre servicios para personas sin hogar



Food/Comida

Showers/Regaderas

Clothes/Ropa

Shelter/Hospedaje

Health/Salud

## SHELTERS / HOSPEDAJE

### MEN/HOMBRES

**Gospel Rescue Mission** 740-1 501, x7212  
312 W. 28th St. Intake 4-5:15 PM

**Primavera Men's Shelter** 623-4300  
Call at 9 AM for reservations. Walk-ins, too. Llame despues de las 9 AM para reservaciones, sin reservacion tambien.

**Salvation Army Hospitality House** 622-5411  
1021 N. 11th Ave.; Intake 3-5 PM. ID required. Identificación requeridos.

### WOMEN / CHILDREN / YOUTH / FAMILIES MUJERES Y NIÑOS Y JOVENES / FAMILIA

**Gospel Rescue Mission** 740-1 501, x7101  
707 W. Miracle Mile; Call for intake appointment. Llame para una cita para la toma de datos.

**Our Family Services Shelter for Women & Children** 323-1708 x417  
Call ahead. Shelter open 24 hrs., 7 days a week. Llame primero. Hospedaje abierto las 24 hrs., 7 días a la semana.

**Salvation Army Hospitality House** 622-5411  
1021 N. 11th Ave.; Intake 3-5 PM. ID required. Identificación requeridos.

**Greyhound Family Shelter** 882-5383  
90 day emergency shelter; Call ahead. Llame primero.

**Casa de los Niños (Children)** 624-5600  
1138 N. Fourth Ave. Call ahead. Llame primero.

**Open Inn (Youth)** 670-9040 x2118  
630 E. 9th Street. Youth Resource Center open Mon-TH, 11 AM-4 PM for ages 18-24. Walk-in services include water, hygiene, food, clothing, outreach and case management. Also available youth shelter ages 8-17. Permanent housing and transitional living programs ages 16.5-24.

**Our Family Services (Youth)** 1-800-537-8696  
Housing, case management, outreach, reunification and basic needs assistance for youth 12-22. Hospedaje, apoyo y ayuda con necesidades basicas para jovenes 12-22.

### DOMESTIC VIOLENCE/ VIOLENCIA DOMESTICA

**Emergel Center Against Domestic Abuse** 795-4266  
Toll free Crisis Line (24/7) 1-888-428-0101  
Llame gratis línea del crisis (24/7) 1-888-428-0101  
Call ahead. Shelter open 24/7. Llame primero. Hospedaje abierto las 24 hrs., 7 días a la semana.

**Wingspan Anti-Violence Program** 624-0348  
24 hour Crisis Line. Línea de Crisis las 24 horas.

## HEALTH / SALUD

**Compass—Desert Hope** 624-5272  
2499 E. Ajo Way, 24/7. Detox and referral for men and women. Call 24 hours for intake. Desintoxicación y referencias para hombres y mujeres. Llame las 24 horas para la toma de datos.

**DES Medical Assistance** 791-2732 x0  
250 S. Toole Ave. 1-800-352-8401

**El Rio Broadway Health Center** 624-7750  
1101 E. Broadway. Primary care and medical outreach. Clinic hours M,T,TH,F 8AM-12PM, 1PM-5PM; W 9AM-12PM, 1PM-5 PM. Call for outreach times and locations. Medicina atención primaria y alcance comunitario de medicina. Horas de clínica: Lunes, Martes, Jueves, y Viernes 8AM-12PM, y 1PM-5PM; Miercoles 9 AM-12 PM, y 1PM-5PM. Teléfonar para el horario y lugares.

**Eye Screenings** 694-1471  
Must call for appointment. The UA Student Sight Savers Program and UPH Ophthalmologists offer free eye screenings 3 times per month for glaucoma and other eye disease. Examen gratis del glaucoma. Debe llamar para hacer cita.

**Pima County Health Department** 243-8450  
2980 E Ajo Way, TB testing (walk-in), Free if homeless. M, W, F. 7:30 AM-12 PM; T, 12-4 PM. Prueba de Tuberculosis (Sin cita), Gratis si no tiene hogar. L, Mier, V. 7:30 AM-12 TM, Martes. 12-4 PM. No se requiere cita.

Northwest Hospital	6 208 N. La Cholla Blvd.
St. Joseph's Hospital	350 N. Wilmot Rd.
St. Mary's Hospital	1601 W. St. Mary's Rd.
Tucson Medical Center	5301 E. Grant Rd.
University of Arizona Medical Center	
University Campus	1501 N Campbell
South Campus	2800 E. Ajo Way.

**Pima County Health Department** 791-7676  
Theresa Lee Center, 332 S. Freeway, HIV/STD testing M-F 8 AM-4 PM, Walk in. Pruebas de Sida/ Enfermedades de transmisión sexual. Pruebas L-V 8 AM-5 PM. No se requiere cita.

**Southern Arizona AIDS Foundation** 628-7223  
375 S. Euclid Ave. HIV/AIDS 1-800-771-90 54 related services. Servicios relacionados al SIDA.

**Southern AZ Health Village** 240-6299  
Mobile clinic providing medical and behavioral health services. Go to [www.vanofhope.com](http://www.vanofhope.com) for calendar with dates and locations.

**UA Family & Community Medicine Mobile Health Program** 626-0293/349-1624.  
(English & Spanish) Underserved and uninsured. No appointment necessary. Phone for current schedule. Servicios medicos disponibles para los individuales sin seguro. No se requiere cita. Teléfonar para el horario actual.

**VA Homeless Program** 629-1839  
3601 S. Sixth Ave. Veterans only. Veteranos solamente.

## MENTAL HEALTH

**Community-Wide Crisis Line** 622-6000  
Available 24/7; includes 1-800-796-6762 SAMHC MAC team dispatch.

**La Frontera R.A.P.P.** 882-8422  
1101 E. Broadway, Suite 130

**La Frontera Center** 894-9920  
502 W. 29th St.

**SAMHC Crisis Services** 622-6000  
250 2 N. Dodge Blvd. (Entrance on Flower St.) Walk-in crisis center, 8AM-8PM, 7 days. Servicios de Crisis, (Entrada por la calle Flower) Centro de crisis, 8AM-8PM, 7 días.

**CODAC Behavioral Health Services** 327-4505  
127 S. 5th Ave.

**COPE Community Services** 792-3293  
82 S. Stone Ave.

**COPE Community Services Women's Center** 622-0286  
**COPE Insiders** 798-1772  
101 S. Stone Ave.

**HOPE inc.** 770-1197  
Nueva Luz Recovery, Wellness, Reintegration Center, 1200 N. Country Club Rd. M-F 8 AM-4; Sat-Sun. 10 AM-2 PM. Showers, meals, phone, computers. When you need a life line, give us a call on our Warm Line at 770-9909 or (887) 770-9912.

## EMPLOYMENT OPPORTUNITIES / OPORTUNIDADES DE EMPLEO

**Pima County Sullivan-Jackson Employment Center** 838-3300  
400 E 26th Street. M-F 8 AM-5 PM, Employment assistance; Call to schedule intake. L-V 8 AM-5 PM, Asistencia de Trabajo; Teléfonar para hacer una cita.

**Rio Nuevo Service Center** 798-0 500  
340 N. Commerce Park Loop

**Kino Service Center** 243-6700  
2797 E. Ajo Way

**Fred G. Acosta Job Corps** 1-800-523-0746  
901 S. Campbell, Vocational & educational training, ages 18-24, GED Prep, M-F 7:30 AM-4:30 PM. Entrenamiento vocacional y educacional, edades 16-24. Entrenamiento GED.

**Primavera WORKS** 882-9668  
151 W 40th Street. Temp work/transitional work. Job search and placement assistance. Trabajo Temporal/ Trabajo Transitorio Asistencia en la búsqueda de empleo.

**Pima County Public Library** 791-4010  
Free job help services including resume writing, online job search email accounts, Internet search & more. Drop-in job help and computer classes. Servicios gratuitos de empleo de ayuda, incluyendo escritura del curriculum vitae, búsqueda de empleo en línea las cuentas de correo electrónico, búsqueda en Internet y más. Gota-en la ayuda de trabajo y clases de computación.

**FOOD / OTHER ASSISTANCE / PERSONAL NEEDS / RENT & UTILITIES ASSISTANCE  
COMIDA/ OTRA ASISTENCIA/ NECESIDADES PERSONALES /  
ASISTENCIA DE RENTA Y SERVICIO DE UTILIDADES**

**A New Hope for Tucson Fnd.** 207-2595  
3537 E. Hardy Dr., Tucson, AZ 85716. Call for appointment. Assistance for homeless men, women, and families with substance abuse issues. Transitional housing. Telefonar para hacer una cita. Asistencia para hombres, mujeres y familias sin hogar, con problemas de abuso de sustancias. Vivienda transitoria.

**Arizona Housing and Prevention Services** 498-4613  
Rent assistance. By appointment only. Telefonar primero. Ayuda con renta.

**Caridad Community Kitchen** 882-5641  
A division of the Community Food Bank. Call for times and locations of meals. Telefonar para horario y locaciones.

**Casa Maria** 624-0312  
352 E. 25th St. 8:30 AM- 1 2 PM daily. Food. Alimento.

**Catalina Community Services** 82 5-0009  
3535 E. Hawser St., Catalina. Food and clothing bank, baby supplies. M, T, Th F 8:30 AM-1 2:30 PM; W 8:30 AM-4PM

**Comin' Home (veterans only)** 322-5980  
Assistance for veterans. Call ahead. M-F 7:30 AM-11 PM, S, Su 7-11 PM. Asistencia para veteranos, llame primero. L-V 7:30 AM-11 PM, S, D 7-11 PM

**Community Food Bank** 622-0 52 5  
3003 S. County Club Rd. M-F 8 AM-4 PM. L-V 8 AM-4 PM. Call for food box locations.

**DES Food Stamps** 1-800-352-8401  
Tucson Locations:

1493 W. Commerce Court  
195 W. Irvington Road  
316 W. Ft. Lowell Road  
3912 W. Ina Road

**Gospel Rescue Mission** 740-1501 x7215  
312 W. 28th St. For homeless men. Daily 4 PM. Showers, clothes, food. Hombres—Diariamente 4 PM. Regaderas, ropa y comida.

**Primavera Foundation** 623-5111 x113  
**Homeless Intervention & Prevention**  
702 S. 6<sup>th</sup> Ave. at 17<sup>th</sup> St. Mail/message service, phone, clothes, toiletries, bathroom, food boxes, case management; drop in, M, W, Th, F, 9 AM-12:30 PM. Closed TU. Correo/servicio de mensajes, Telefono, Ropa, articulos de baño, cajas de comida, encargados de caso.

**Information & Referral** 1-800-352-3792  
24 hours a day. Searchable database of services: [www.cir.org](http://www.cir.org)

**Interfaith Community Services** 297-6049  
2820 W Ina Rd., M-F 9 AM-4 PM. Food boxes, bus passes, assistance getting identification, rent assistance. L-V 9 AM-4 PM, Cajas de comida, pase de autobus, ayuda con renta.

**Interfaith Community Services EAST** 731-3076  
Located at New Spirit Lutheran Church 8701 E Old Spanish Trail, M-Th 9 AM- 3 PM.

**Old Pueblo Community Services** 546-0122  
Assistance for ex-offenders and Veterans; Call ahead, transitional housing, clinical services. Asistencia para ex-ofensores, llame primero.

**Pima County Community Action Agency** 243-6700  
2797 E Ajo Way. Rent/mortgage and utilities assistance. Ayuda con renta/hipoteca, ayuda con utilidades.

**Primavera Foundation** 882-5383  
Emergency rent assistance. Ayuda con renta. Call for appointment.

**Project Action for Veterans** 882-7462  
Support services and temporary financial assistance for Veterans who otherwise would be homeless. Phone for eligibility and additional information. Los servicios de apoyo y asistencia financiera temporal para los veteranos que de otro modo serian personas sin hogar. Teléfono para la elegibilidad e informacion adicional.

**Primavera Casa Paloma** 882-0620  
For homeless women: showers, clothing, toiletries, laundry, meal; drop in, M, T, W & F, 9 AM - 1 2:30 PM. Call for location. Para mujeres sin hogar: regaderas, ropa, Articulos de baño, lavarropas, comida. Visitenos L, Mar, Mier, y V, 9 AM - 1 2:30 PM, Telefonar para direcciones.

**Social Security Admin** 1-800-772-1213  
2716 S. Sixth Ave., 3500 N. Campbell Ave.

**Southern Arizona Legal Aid, Inc.** 623-9461  
2343 East Broadway Blvd., Suite 200 (Cont Bldg) Civil legal aid to low-income individuals and families in legal matters which affect most directly their health, safety and welfare. Intake Appointments can be made by phone, or in person, M-F 9-11 AM or 1-4PM. Asistencia legal civil para individuos y familias de bajos recursos: en materia legal que afecte directamente su salud, seguridad y bienestar. Horas de toma de datos para clientes nuevos; puede ser por telefono o en persona, L-V 9-11AM y 1-4PM.

**Southside Presbyterian Church**  
317 W. 23rd St., M, F, only, 7:00 AM - 9:00 AM, showers, toiletries, haircuts, clothing & meal. L y V, solamente de 7:00 AM - 9:00 AM. Regaderas, articulos para el baño, lavarropas, Ropa y comida.

**The Salvation Army** 792-1111  
Rent/Mortgage, and utilities assistance. By appointment only. Ayuda con renta/ hipoteca, ayuda con utilidades.

**Tucson Urban League** 791-9 522  
2305 S. Park Ave. Rent/Mortgage, and utilities assistance. By appointment only. Ayuda con renta/ hipoteca, ayuda con utilidades.

**VA Homeless Program** 629-1839  
3601 S. Sixth Ave. Veterans only. Programa de Veteranos sin hogar. Veteranos solamente.

**Wings of Hope** 406-634 5  
Services for women & children. Clothing, toiletries; help with ID, health/mental health, and transportation. [www.wingsofhope.com](http://www.wingsofhope.com)

**YOUTH SERVICES /  
SERVICIOS PARA JOVENES**

**EON Youth Lounge** 624-1779  
(A Program of Wingspan). Open M-F 3-9 PM, Sat. 12-3 PM. Drop-in center for GLBTQ youth. Health, education, resources. Centro de convivencia para jovenes GLBTQ. Educación para la salud, recursos.

**Our Family Services** 1-800-537-8696  
3830 E. Bellevue. Housing, case management, outreach, reunification and basic needs assistance for youth 1 2-22. Hospedaje, apoyo y ayuda con necesidades basicas para jovenes 12-22.

**Open Inn** 670-9040 X2118  
630 E 9th Street. Youth Resource Center open Tuesday-Friday from 11:00 am-3:00 pm for ages 18-24 walk-in services that include water, hygiene, food, clothing, outreach and case management. Also available youth shelter ages 8-17. Permanent housing and Transitional Living programs ages 16.5-24. Servicios incluyen agua, productos de higiene, comida, ropa y telefono. Hospedaje y programas de vivienda transitoria.

**Sin Puertas** 624-5806  
1475 N. Oracle Road. A Department of Pima Prevention Partnership, Sin Puertas provides free evidence-based substance abuse treatment and case management services for teens; educational workshops on the dangers of substance abuse; comprehensive sex education workshops; access to a peer-led youth recovery community; Rapid HIV screenings that use a simple oral swab; food for youth participating in evening group activities. Please call to schedule an appointment. Tratamiento del abuso de sustancias gratis y servicios de manejo de casos para adolescentes, educación sobre los peligros del abuso de sustancias; educación sexual, el acceso a una comunidad de jóvenes dirigido por pares recuperación, rápida detección del VIH que utilizan, la comida para los jóvenes participar en actividades de grupo la noche. Favor telefonar para una cita.

**Stand Up For Kids** 271-5369  
Street Outreach for Homeless and Street Youth 24 and under. [standupforkids.org](http://standupforkids.org), (888) 3654543, or [KimS@standupforkids.org](mailto:KimS@standupforkids.org) for local information.

**Youth on Their Own** 293-1136  
1660 N. Alvernon. 9 AM-5 PM M-TH. Fridays by appointment only. Services for local homeless youth ages 12.5-21 to support their high school graduation. Includes: financial asst., basic needs, guidance and referrals. Students must be enrolled in a public school, including charter and alternative schools, and apply through a designated school liaison for program acceptance. Servicios para fomentar la graduación de la escuela Secundaria para jóvenes locales de edades 13 a 21. Incluye asistencia financiera, necesidades basicas, consejeria y referencias. Los estudiantes deberan estar inscritos en una escuela publica, incluyendo escuelas charter o alternativas y aplicar a través de un oficial asignado de la escuela para ser aceptados en el programa.