APPENDIX VII – 5
Family Resource Centers Calendars SY2016-17

Below is a sampling of monthly calendars for the Family Resource Centers. Monthly calendars are published for all four centers.
OCTOBER CLASS OFFERINGS

Beginning Computer Skills - Learn basic keyboarding, how to use the Internet, create an email account, create documents, and access ParentVUE to track your child's grades, attendance, test scores, and more. Children are welcome to bring their grown-ups for this class to explore student-friendly learning sites! Childcare will not be provided.

English for Adults - Learn English as a second language. Classes are available for adults at beginning levels. Free childcare is available for children 5 & under with siblings attending TUSD schools.

U of A Cooperative Extension: Child Behavior Management Series - This series includes four evening sessions from 5:30-7:30 p.m. and one phone consultation. Free child care and dinner for the whole family will be provided! All families with perfect attendance will be entered into a raffle for free toys.

• Why children behave the way they do
• How to teach new skills and behaviors
• Tools to manage misbehavior and build positive routines
• To plan ahead for high-risk situations (i.e. the grocery store)
• Opportunities to practice new strategies

U of A Cooperative Extension: Family Transitions - This series of five workshops will teach you how to talk to your children about separation and divorce. Free child care and breakfast for the family will be provided! All families with perfect attendance will be entered into a raffle for free toys.


Caring for Clothing - Learn how to properly clean and mend, and how to buy good used clothing.

TUSD Student Equity Department: Guidelines for Student Rights & Responsibilities (GSRR) Informational Session - What are the rights and responsibilities that come with being a TUSD student? Charlotte Brown from the TUSD Student Equity Department will review the guidelines and answer your questions.

Activities for Parents with Young Children - Great activities and games you can do (for free or almost free) with your young children to help them learn and succeed in school.

Childcare is available during specified classes only to families of TUSD students.

CLASES OFRECIDAS EN OCTUBRE

Habilidades en Computadoras para Principiantes - Aprenda el básico básico, como usar el internet, crear una cuenta de correo electrónico, crear documentos, y obtener acceso a ParentVUE para seguir con atención las calificaciones de su niño(a). Asistencia, resultados de las pruebas, y más! Los niños podrán unirse a los adultos en esta clase para explorar los sitios de aprendizaje adaptables a los estudiantes. No se proporcionará cuidado de niños.

Clases de Inglés para adultos - Aprender Inglés como segundo idioma. Ofrecen clases para adultos en nivel de principiante. Cuidado infantil gratis está disponible para niños de cinco años y menores con hermanos en escuelas de TUSD.

Extensión Cooperativa de la U de A: Manejo de la Conducta del Niño - Estas series incluyen cuatro sesiones desde las 5:30-7:30 p.m. y una consulta por teléfono. Se proporcionará gratuitamente el cuidado de niños y una cena! Todas las familias con asistencia perfecta participarán en una rifa de juguetes.

Aprenderán:
• Por qué los niños se comportan de la manera que ellos lo hacen
• Como enseñar nuevas destrezas y conductas de comportamiento
• Técnicas en el manejo de la madre y el padre
• Planear por adelantado en situaciones de alto riesgo (por ejemplo, en la tienda de comestibles)
• Las oportunidades para la práctica de nuevas estrategias

Extensión Cooperativa de la Universidad de Arizona: Transiciones Familiares - Esta serie de cinco talleres, usted aprenderá cómo hablar con sus niños acerca de la separación y divorcio. Se proporcionará gratis a los niños y las niñas para que se familiaricen con todas las familias que tienen asistencia perfecta serán invitados a un sorteo de juguetes gratis.

Los temas incluyen:
• El vínculo entre las emociones no útiles y la crianza
• Habilidades para salir adelante y ayudarse a sí mismo y a sus niños a manejar sus emociones
• Crear un plan de crianza
• Desarrollar una nueva identidad familiar y apoyo social

¡Preparar su próximo plato exquisito! - Una cita a la enfermedad de la salud. Vikki Sessano, para aprender acerca de las comidas saludables, nutritivas y económicas. Obtenga consejos útiles para planificar comidas, balancear el azúcar en la sangre, y acerca de las comidas y refrescos sanos.

Cuidado de la Ropa - Aprenda cómo limpiar y arreglar propiamente, y cómo comprar ropa usada.

Departamento de Equidad Estudiantil de TUSD: Sesión informativa acerca de las Pautas para los Derechos y Responsabilidades de los Estudiantes (GSRR) - ¿Cuáles son los derechos y responsabilidades que viene con ser un estudiante de TUSD? Charlotte Brown del departamento de equidad estudiantil de TUSD explicará las pautas y contestará a sus preguntas.

Actividades para los padres con niños pequeños - Actividades y juegos excelentes que desarrollar (gratis o casi gratis) con sus niños pequeños para ayudar a aprender y tener éxito en la escuela.

Cuidado de niños está disponible durante las clases especificadas solamente a las familias de los estudiantes de TUSD.
# Wakefield Family Resource Center

## January 2017 Classes and Workshops

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<td><strong>5</strong> Center Closed Winter break</td>
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<td>9 ZUMBA 8:30-9:30 AM</td>
<td>10 Behavior Mtg. Series, week 1 of 4, 8:30-7:30 PM</td>
<td>11 ZUMBA 8:30-9:30 AM</td>
<td>12 ZUMBA 8:30-9:30 AM</td>
<td>13 21 Laws of Leadership 10:00-12:00 PM</td>
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<tr>
<td>Croquet 11:30 AM - 12:30 PM</td>
<td>ZUMBA 5:30-6:30 PM</td>
<td>Croquet 11:30 AM - 12:30 PM</td>
<td>Financial Literacy, week 1 of 5, 9:30-11:00 AM</td>
<td>ZUMBA 9:00-10:00 AM</td>
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<td><strong>16</strong> Center Closed Martin Luther King, Jr. Day</td>
<td><strong>23</strong> English for Adults 9:30 - 11:30 AM</td>
<td><strong>24</strong> Behavior Mtg. Series, week 3 of 4, 8:30-7:30 PM</td>
<td><strong>25</strong> English for Adults 9:30 - 11:30 AM</td>
<td><strong>26</strong> ZUMBA 8:30-9:30 AM 10:00-12:00 PM</td>
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<tr>
<td><strong>27</strong> English for Adults 9:30 - 11:30 AM</td>
<td><strong>30</strong> English for Adults 9:30 - 11:30 AM</td>
<td><strong>31</strong> Behavior Mtg. Series, week 4 of 4, 8:30-7:30 PM</td>
<td><strong>32</strong> ZUMBA 8:30-9:30 AM 10:00-12:00 PM</td>
<td><strong>33</strong> ZUMBA 9:00-10:00 AM</td>
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<td>ZUMBA 8:30-9:30 AM</td>
<td>ZUMBA 8:30-9:30 AM</td>
<td>Rights and Responsibilities of Citizenship, week 1 of 10, 8:30-7:30 PM</td>
<td>Computer Aided Language Program, 9:30-10:30 AM</td>
<td>Financial Literacy, week 3 of 5, 9:30-11:00 AM</td>
</tr>
<tr>
<td>Croquet 11:30 AM - 12:30 PM</td>
<td>Rights and Responsibilities of Citizenship, week 2 of 10, 8:30-7:30 PM</td>
<td>ZUMBA 5:30-6:30 PM</td>
<td>Computer Aided Language Program, 4:00-5:00 PM</td>
<td>Positive Behavior Support For Parents of Children with Special Needs, Presented by Rising Special Kids 9:30-11:00 AM</td>
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### Coming in February!

**Basic Tax Laws, Credits, & Deductions, February 17 & 18, 9:30 AM - 12:30 PM**

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> Childcare is available during specified classes only to families of TUSD students.

> Cuidado de niños está disponible durante las clases especificadas solamente a las familias de los estudiantes de TUSD.
Wakefield Family Resource Center
January 2017 Classes and Workshops
101 W. 44th Street
225-3800

JANUARY CLASS OFFERINGS

U of A Cooperative Extension: Child Behavior Management Series. This series includes four evening sessions from 5:30-7:30 p.m. and one phone consultation. Free child care and dinner for the whole family will be provided! All families with perfect attendance will be entered into a raffle for free toys. Learn:

- Why children behave the way they do and how to teach new skills and behaviors
- Tools to manage misbehavior and build positive qualities
- To plan ahead for high-risk situations (i.e. the grocery store)
- Opportunities to practice new strategies

Rights and Responsibilities of Citizenship; Presented by Penn State Adult Education. (FCC has learned a lot from Wakefield Family Resource Center) to provide educational outreach for individuals seeking United States citizenship, offering classes in citizenship, history, and government.

Financial Literacy. This series of 6 workshops will cover the following topics:
- Increasing Cashflow & Debt Management
- Building a Financial Foundation
- Building Wealth
- Retirement Planning
- Understanding the Financial Industry

Registration deadline is January 19. Call the center to register (or contact Ebony Daniels at 331-8843 to register during Winter Break).

K-12 Two-Way Dual Language Program: Presented by the TUSD Language Acquisition Department. Parents and guardians will learn about the Two-Way Dual Language (TWDL) Spanish immersion enrichment model that challenges students to become bilingual and bicultural in English and Spanish. This session will provide an overview of the research-based benefits for students participating in this program, such as key cognitive advantages including greater attention span and enhanced mental agility. In TWDL, students will gain a new language and develop literacy in both their new language and their first in preparation for college and future career opportunities in the global market. For interested parents and guardians, this session will also provide information about student eligibility, enrollment and transportation requirements for their children to participate in the TWDL program.

English Acquisition for Adults: Learn English as a second language. Classes are available for adults at beginning and intermediate levels. Free childcare is available for children 2-5 with siblings attending TUSD schools.

21 Laws of Leadership. Learn how to make positive changes in yourself and inspire others so you can become leader in your home and in the community.


Get Ready for Kindergarten! Presented by TUSD Preschool Program. Parents will gain understanding of the expectations of kindergarten and how they can support their child to be well prepared. The workshop will focus on nutrition & sleep, compliance & selection success, social skills, and problem solving. These are the most important skills we can help our children develop as they prepare for kindergarten and beyond. Parents will also learn about the importance of literacy and language/vocabulary development and problem solving. The major focus of the workshop is to help parents support their child's growth in these areas.

Positive Behavior Supports for Parents or Children with Special Needs: Presented by Raising Special Kids. Learn how to reduce unwanted behavior and increase good behavior by using Positive Behavior Supports in your home and in the community. Understand the role you play in your child’s behavior, and how to work with the school when behaviors get in the way of learning.

[Additional information not legible]
## Family Resource Centers Calendars SY2016-17

### Southwest Family Resource Center

**February 2017**

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<td></td>
<td>1 Sewa Uusiim Parenting Workshop, week 1 of 4</td>
<td>2 Cover to Cover: Presented by Make Way for Books!, week 2 of 7</td>
<td>3 Center Tours: Open Computer Lab, Clothing Bank Services, Resources &amp; Referrals</td>
</tr>
<tr>
<td>6 Beginning Computer Skills</td>
<td>7 Center Tours: Open Computer Lab, Clothing Bank Services, Resources &amp; Referrals</td>
<td>8 Sewa Uusiim Parenting Workshop, week 2 of 4</td>
<td>9 Cover to Cover: Presented by Make Way for Books!, week 3 of 7</td>
<td>10 Center Tours: Open Computer Lab, Clothing Bank Services, Resources &amp; Referrals</td>
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<tr>
<td></td>
<td></td>
<td>Financial Literacy, week 1 of 4</td>
<td>10 K-8 Parent-Teacher Conferences</td>
<td>11 Center Tours: K-12 Parent-Teacher Conferences</td>
</tr>
<tr>
<td>13 Beginning Computer Skills</td>
<td>14 Center Tours: Open Computer Lab, Clothing Bank Services, Resources &amp; Referrals</td>
<td>15 Sewa Uusiim Parenting Workshop, week 3 of 4</td>
<td>16 Cover to Cover: Presented by Make Way for Books!, week 4 of 7</td>
<td>17 Center Tours: Open Computer Lab, Clothing Bank Services, Resources &amp; Referrals</td>
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<td></td>
<td></td>
<td>Financial Literacy, week 2 of 5</td>
<td>17 STAFF MEETING CENTER CLOSES AT 12:30 PM</td>
<td>18 CENTER CLOSED RODEO VACATION</td>
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<td>Health Choice Medicare/AHCCCS</td>
<td>19 CENTER CLOSED RODEO VACATION</td>
<td>20 CENTER CLOSED RODEO VACATION</td>
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*NEW WEDNESDAY HOURS: 12:00-8:00 PM*
Family Resource Centers Calendars SY2016-17

Southwest Family Resource Center
February 2017 Classes and Workshops
6855 S. Mark Road, Tucson, AZ 85746 908-3980

FEBRUARY CLASS OFFERINGS

Sewa Uusim Parenting Workshop: Presented by the Pascua Yaqui Tribe of Arizona. Through a culturally based model, you will be empowered to understand your role as a mother or father.

Beginning Computer Skills: Learn basic keyboarding, how to use the internet, create an email account, create documents, and access ParentVue to track your child's grades, attendance, test scores, and more. Children are welcome to join their grown-ups for this class to explore student-friendly learning sites! Childcare will not be provided.

Partners in Parenting Education: Presented by U of A Cooperative Extension. This 4-week workshop will help you learn to better prepare your child for success in school and provides tools to reduce parent stress. Free dinner provided for the whole family! Families with perfect attendance will be entered into a raffle for free toys!

Financial Literacy: This series of 5 workshops will cover the following topics:
- Increasing Cashflow & Debt Management
- Building a Financial Foundation
- Building Wealth
- Retirement Planning
- Understanding the Financial Industry

Cover to Cover: Presented by Make Way for Books! Join us for learning and fun! Cover to Cover is a fun and free family literacy program lasting 7 weeks. We meet children and families for interactive storytime and fun literacy activities. Cover to Cover is geared toward children 0-8 and every child gets to take home a free book at the end of the session.


Bedtime Stories: Join us in the celebration of literacy through the creative minds of your students!!!
- Listen to a story from a special guest
- Students will read and share their work
- Literacy information
- Learn about the story of the “Dream Catcher” and build your own dream catcher to take home.

Together, we can make dreams come true...one story at a time!

Beginning in March

Active Parenting: Presented by Parent Aid. This 3 session workshop discusses topics including the purpose of parenting, self-esteem, understanding & reducing misbehavior, responsibility & discipline, winning cooperation, and family activities. Dinner is provided at both sessions, free of charge.

Pricing available. Participants will receive a certificate of completion.

Get Ready for Kindergarten: Presented by TUSD Preschool Program. Parents will gain understanding of the expectations of kindergarten and how they can support their child to be well prepared. The workshop will focus on regulation vs. compliance and selective focus, social skills, and problem solving. These are the most important skills we can help our children develop as they prepare for kindergarten and beyond. Parents will also learn about the importance of literacy and language/vocabulary development and what they can do to support the development of these skills at home.

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### Palo Verde Family Resource Center

#### March 2017

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<td>February 27</td>
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<td>1 Beginning Computer Skills</td>
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<td>TUSD School Community Services: Open Enrollment Supports</td>
<td>Center Tours</td>
<td>2 African American Student Services: Student Mentoring</td>
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<td>5:00-6:00 PM</td>
<td>Open Computer Lab</td>
<td>Living Well...Eating Well</td>
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<td>NEW MONDAY HOURS: 12:00-8:00 PM</td>
<td>Clothing Bank Services Resources &amp; Referrals</td>
<td>Session 5 of 6</td>
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<td>6 Home Buying Process Workshop</td>
<td>7 Center Tours</td>
<td>9 African American Student Services: Student Mentoring</td>
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<td>8:00-7:00 PM</td>
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<td>24 CENTER CLOSED SPRING BREAK</td>
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<td>27 Active Parenting Workshops Week 1 of 5</td>
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**FREE Supper Available to TUSD Students at Palo Verde High School**

- Served at the cafeteria between 4:30 & 6:00 PM
- Available on regularly scheduled school days
- Free to any enrolled TUSD student

### Coming Soon!

- College Financial Planning Workshop
  - Dates and Times in April to be determined
- English as a Second Language for Adults

### A.S.C.E.N.D.:

- Presented by Alpha Kappa Alpha Sorority
- Team building, enrichment workshops, college & career exploration
- Open to 9th-12th grade students
- 11:00 AM-2:00 PM, Saturdays, March 11 & 24, April 8 & 22, May 13 & 27, June 3
- Registration Required
- Dates subject to change
Palo Verde Family Resource Center
March 2017 Classes and Workshops
1302 S. Avenida Vega 85710 584-7455

MARCH CLASS OFFERINGS

TUSD School Community Services: Open Enrollment Support: School Community Services Department Staff will be on-hand to assist families in completing and submitting Open Enrollment & Magnet applications.

Beginning Computer Skills: Learn basic keyboarding, how to use the internet, create an email account, create documents, and access ParentVue to track your child’s grades, attendance, test scores, and more. Children are welcome to join their grown-ups for this class to explore student-friendly learning sites! Childcare will not be provided.

African American Student Services: Student Mentoring: By invitation only. Contact African American Student Services Department at 584-7450 for more information.

U of A Cooperative Extension: Living Well...Eating Well: Six nutritional adventure lessons on living well and eating well.

Home Buying Process Workshop: This workshop will help you get a clear picture of the home buying process, how to prepare for a home purchase, and learn about resources out there available to help you purchase a home. Topics include:
- Financial benefits of buying a home
- Credit scores and financial planning
- Buying vs. Renting
- Understanding and overcoming credit challenges.

Active Parenting: Presented by Parent Aid: This 3-session workshop discusses topics including the purpose of parenting, self-esteem, understanding & redirecting misbehavior, responsibility & discipline, winning cooperation, and family activities. Dinner is provided at both sessions, free of charge. Prizes are available. Participants will receive a certificate of completion.


Financial Literacy Workshops Graduation: Students from every Family Resource Center who completed all Financial Literacy Workshops will participate in a graduation at Catalina Family Resource Center to receive their certificates of completion. Guests are welcome.

A.B.C.E.N.D: Presented by Alpha Kappa Alpha Sorority: Program focusing on achievement, self-awareness, communication, engagement, networking and development skills. Students receive academic enrichment & life skills training to support their journey to college or vocational employment.

I Am You 360: Empowerment Bag dispensary. Go to [email protected]@360.org for information and qualifications.

CLASES OFRECIDAS EN MARZO

Servicio de la Comunidad Escolar de TUSD: El personal del Departamento de Servicios Comunitarios Escolar estará disponible para ayudar a las familias a completar y entregar solicitudes de inscripción abierta y Magnet.

Habilidades en Computadoras para Principiantes: Aprenda el básico básico, como usar el Internet, crear cuentas de correo electrónico, crear documentos, y obtener acceso a ParentVue para seguir con atención las calificaciones de su hijo(a), asistencia, resultados de las pruebas, y más. Los niños podrán unirse a los adultos en esta clase para explorar los sitios de aprendizaje adaptables a los estudiantes! No se proporcionará cuidado de niños.

African American Student Services: Student Mentoring: Por invitación solamente. Comuníquese con el Departamento de Servicios para Estudiantes Afroamericanos al 584-7450 para más información.

Extracción Collaborativa de la U de A Extracción: Viviendo bien...comiendo bien: Seis clases de Aventuras Nutritivas sobre viviendo bien y comiendo bien.

Taller del proceso de comprar casa: Este taller le ayudará a obtener una imagen de los beneficios financieros de comprar una casa, cómo prepararse para una compra de la casa, y aprender acerca de los recursos que hay disponibles para ayudarle a comprar una casa. Los temas incluyen:
- Beneficios financieros de comprar una casa
- Programas de asistencia disponibles para ayudar en los pagos el préstamo
- Compra vs alquiler
- Comprensión y supervisión de los derechos de crédito.

Padres Activos: Presentado por Parent Aid: Este taller de 3 sesiones que se concentrará en discutir temas incluyendo el propósito de la crianza de los hijos, autoestima, comprensión y orientación del mal comportamiento, responsabilidad y disciplina, ganarse la cooperación, y actividades familiares. Se proporcionará cena gratuita en las tres sesiones. Premios disponibles. Los participantes recibirán un certificado de asistencia.

Opinión de salud Medicare/AHCCCS: Sesión informativa Medicare y “Health Choice”.

Graduación para Talleres de Financiera: Los estudiantes de cada Centro de Recursos Familiares que completaron todos los Talleres de Financiera participarán en una graduación en el Centro de Recursos Familiares Catalina para recibir sus certificados de finalización. Todos son bienvenidos.

A.S.C.E.N.D: Presentado por Alpha Kappa Alpha Sorority: Programan centrado en el logro, la autoconciencia, la comunicación, la participación, la creación de redes y habilidades de desarrollo. Los estudiantes reciben entrenamiento de enriquecimiento académico y habilidades de vida para apoyar su viaje a la universidad o empleo vocacional.

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