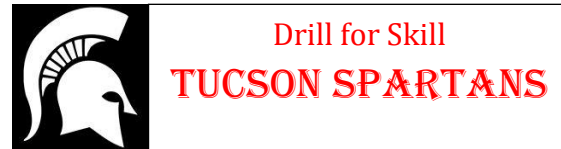


APPENDIX V – 221



THRIVE GENERATIONS



March 27, 2017

Dear Parent(s)/Legal Guardian(s):

We would like to invite your student to participate in CHOICES: A Leadership Training Program. CHOICES help 7th – 9th grade students build the capacity to make healthy, logical decisions that will benefit their future and our community.

This **FREE** training provides a comfortable, energetic environment in which youth can participate in discussions and activities that allow them to develop a framework in which to make choices that help them thrive in their current state of life while preparing them to flourish in the future. CHOICES is an eight-week program that meets once per week for two hours and includes a healthy meal and a physical activity that will be run by the Tucson Spartans. CHOICES consists of the following training

- April 3rd – Selfie: Awareness of Me
- April 10th – Character: My Choices, My Actions, My Outcomes – Framework for Ethical Living
- April 17th – Health: The Whole You – Mind, Body & Soul
- April 24th – Opportunity: Taking on New Tasks – The Value of Education
- May 1st – Informed: Privileges & Rights – Are There Two Different Americas?
- May 8th – Consequences: Good or Bad – The Choice is Mine
- May 15th – Education: In for the Long Haul
- May 22nd – Skills: What Do You Have in Your Pocket?

Parent Component

CHOICES: Generations

We have added a parent engagement workshop series which is separate and independent from the students' program. Each session will include a different topic followed by a discussion, a light physical activity and dinner.

4/10/17	Session #1	Parenting Your Adolescent: Communicating, Connecting & Accepting.
4/24/17	Session #2	The Effects of Media on Our Children.
5/8/17	Session #3	Talk So Your Teen Will Listen, Listen So Your Teen Will Talk.
5/22/17	Session #4	To Know Me is to Love Me: Understanding Your Child's Personality Preference, Love Language, Learning Style, Character and Multiple Intelligences

Thrive Generations, Inc., a local 501(c)3 non-profit organization, is partnering with TUSD's African American Student Services and the Tucson Spartans to offer CHOICES. Thrive Generations, Inc. received a grant from the African American Initiative, a program of the Community Foundation for Southern Arizona, to help fund CHOICES. The grant was made in honor of Dr. Anna Jolivet.

For more information about how you or your student can participate in CHOICES, you can reach African American Student Services via telephone at (520) 584-7500 or Thrive Generations at (520) 419-4788 and via email at Richard.langford@tusd1.org or prosper@thrivegenerations.org. You can also register online at www.thrivegenerations.org. We look forward to hearing from you.